



# Capital Viking

Sons of Norway Washington Lodge  
Established 1943 ♦ [www.norwaydc.org](http://www.norwaydc.org)

## Juletreffest! Christmas Party/Open House

Sunday, Dec. 10, 4 to 6 PM  
Norway House  
3846 Meredith Drive, Fairfax, VA  
[directions](#)



You're invited! We'll sing traditional Norwegian and American Christmas carols led by holiday master of ceremonies Tim Christenson and musician Marguerite Kause. The Lodge will have some snacks and glögg (non-alcoholic but you may BYOB) but please augment the offerings with a contribution of your own. We'll have treat bags for the children. If you bring children, it is important to RSVP [programs@norwaydc.org](mailto:programs@norwaydc.org) so we have enough treat bags on hand. Non-members are welcome.

## Dec. 10, Last Chance for Tickets to Norway Via TUBFRIM



TUBFRIM is owned by the Norwegian health service and has been processing stamps since 1929. Stamps from any country

and used phone cards are packaged by the TUBFRIM organization and sold to wholesalers and dealers. Proceeds support programs for children and youth in Norway.

SON partners with Scandinavian Airlines (SAS) to ship the stamps to Norway at low cost. SAS offers an annual raffle prize of a roundtrip ticket to Nor-

way — the drawing is held in January. For each pound of stamps contributed, one raffle entry can be submitted. Every lodge member who donates an ounce or more by the December 10th Jultreffest may be eligible to win the 2017 raffle.

**The final call for 2017 will be Dec. 10**, so be sure to cut, save, and turn in postage stamps from Christmas cards, non-profit organizations, foreign or domestic. The perforation must be intact, so leave a ½ inch margin of (single thickness) paper around the stamp. Whole postcards more than 50 years old are also acceptable. Email Pat DeRoche at [wderoche@frontiernet.net](mailto:wderoche@frontiernet.net) if you have questions. Visit [tubfrim.no](http://tubfrim.no).

**New beginning and intermediate Norwegian language classes start Jan. 3, with new, improved text books. See page 11.**

## Lodge Calendar

[www.norwaydc.org/events](http://www.norwaydc.org/events)

Activities are open to non-members and are at Norway House unless otherwise noted below. Directions: page 8 and [www.norwaydc.org/directions](http://www.norwaydc.org/directions).

### Lodge Christmas Party (Juletrefest)

Sun., Dec. 10, 4 to 6 PM  
Page 1



### Reading Circle

Tuesday, Dec. 12, 6 PM  
*Prose Edda* — Page 12  
RSVP required to [reading@norwaydc.org](mailto:reading@norwaydc.org)

### Jan. Lodge Meeting

Sat., Jan 20, time TBA  
Installation of Officers  
Pea Soup Dinner

### Norw. Language & Conversation

No classes until Jan. 3.  
New beginner's and intermediate classes starting, with new text books — Page 11  
Email [language@norwaydc.org](mailto:language@norwaydc.org)

## Am. Scandinavian Association (ASA) Christmas Festival and Bazaar

Sat., Dec 9, 5:30 to 9 PM  
Santa Lucia Pageant 5:30 PM, Bazaar at 6 PM  
St. James Episcopal Church  
11815 Seven Locks Rd.  
Potomac, MD 20854  
Coffee, glogg & goodies, children dancing around the Christmas tree, a visit by Santa with gift bags, Nordic Dancers, and Grand Raffle Drawing. Members Entrance Fees: \$6 per adult, \$3 ages 2-12, free < 2, \$20 max/family. Nonmember's Entrance Fees: \$8 per adult, \$4 ages 2-12, free < 2, \$25 max/family  
Entrance is free if you join ASA at the event.  
[www.scandinavian-dc.org/Meet-1.htm](http://www.scandinavian-dc.org/Meet-1.htm)

## Norwegian Church Service, Lucia Festival

Sunday, Dec. 10, 3 PM  
Emmanuel Lutheran Church, 7730 Bradley Blvd., Bethesda, MD.  
Lucia Festival and Norwegian language church service. Sunday School in Norwegian for children during church. All are welcome. <https://nosokirken.org/kirken/events-kirken/>

## Drott Lodge Lucia and Christmas Program

Sunday, Dec. 10, 3 PM  
St. James Episcopal Church  
11815 Seven Locks Rd.  
Potomac, MD 20854  
Traditional Swedish Lucia Procession and Christmas Songs in the Sanctuary. Followed by the Christmas party with dancing around the Christmas tree, Santa's visit, and a Swedish Jul Reception. RSVP to Carol Whitley at 202-686-6214 or email [carol4600@verizon.net](mailto:carol4600@verizon.net)

## 10th Annual Nordic Christmas

Sunday, December 24, 2:30 to 3:30 PM  
Augustana Lutheran Church  
2100 New Hampshire Ave NW

*(Continued on page 3)*

## Other local events

### Private Confessions

Dec. 6 — Dec. 9  
Kennedy Center. Presented by the National Theater of Norway, directed by Liv Ullmann. Special discounts on orchestra level seats: use code 279118. Performed in Norwegian with projected English titles. Suitable for ages 16 and up.  
[www.kennedy-center.org/calendar/event/XSIOB?promotionno=279118](http://www.kennedy-center.org/calendar/event/XSIOB?promotionno=279118)

*(Calendar, continued from page 2)*

Sponsored by The Swedish Lutheran Church of Washington DC, The Norwegian Church Service in Washington DC, The Finnish Lutheran Church Washington DC, The Icelandic Church Abroad, and The Danish Church Abroad. The Sunday school children will light the Advent wreath. Hymns and carols in Swedish, Norwegian, Finnish, Icelandic, and Danish. Musicians from the local Nordic community will enhance the service.  
<https://nosokirken.org/event/nordisk-julefeiringnordic-christmas-celebration>

## SON Wash. Lodge Facebook

[www.facebook.com/groups/SonsofNorwayDC](http://www.facebook.com/groups/SonsofNorwayDC)

## Norwegian Embassy Website

<https://www.norway.no/en/usa/norway-usa/news-and-events/>

## Norwegian Embassy on Facebook

<https://www.facebook.com/NorwegianEmbassyinWashington/>

**Scandinavian Dance groups:** page 6.

## Welcome New Members!

Allan Garnaas of Alexandria, VA, Donald Vierimaa of Alexandria, VA, and Alexis Zayas of Falls Church, VA

## The Mission of Sons of Norway

is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



## For a unique Christmas present, consider a gift of membership

- ⇒ **To give a gift or join as a new member** email Lodge Vice President Dave Brown at [vp@norwaydc.org](mailto:vp@norwaydc.org), call SON headquarters in Minneapolis (800-945-8851) or sign up online here: [www.norwaydc.org/membership](http://www.norwaydc.org/membership).
- ⇒ **If you need your membership number** or if your membership has lapsed call 800-945-8851 or email [database@norwaydc.org](mailto:database@norwaydc.org).
- ⇒ **Children 15 years of age or under** whose parent or grandparent is a SON member can sign up for a free Heritage Membership. **Youth ages 16-23** who have a parent or grandparent who is a Sons of Norway member may be a free Unge Venner member.



**Current Dues:** Individual \$56.50 (International = \$32 + District \$14.50 + Lodge \$10), Spouse \$49.50, Youth \$23.25, Your children & grandchildren are FREE!

A new dues structure will start January 2018.

# The Julebukk

*By Lodge Member Marie Hansen*

Many of us have at least one Julebukk, or Christmas goat, made of plaited straw and wrapped in red ribbon. Some are small and grace the Christmas tree. Others are big enough to guard the dining room on Christmas Eve. Did you know that the origin of this familiar Yuletide symbol may actually predate the Vikings?

In pre-Christian Scandinavia and Northern Europe, a Yule goat, or Julebukk, was often slaughtered in deepest winter as a sacrifice, in hope of a bountiful harvest the following year. Some historians believe this sacrifice was a reenactment of Thor's slaughter of his two chariot-pulling goats, Tanngrisnir and Tanngnjóstr, which would then be eaten in times of need. According to Norse mythology, Thor had the ability to revive these goats the next day. Thor's goats eventually became symbols of sacrifice, nourishment, and rebirth.

During the 11th Century, when Christianity was becoming established in Norway, church fathers tried to reinterpret this sacrifice as a symbol of Christian resurrection, according to some sources. Others say the church tried to ban the ritual. It is possible that both are correct, since religious practices probably were not consistent at that time.

We do know, however, that over the centuries the Julebukk has been a constant presence in Scandinavia during the darkest days of winter. In one early tradition, a man from a local farm or town would don a horned goat mask and goat-fur cape, and pay farmers a visit to strenuously advise good behavior.

This fortunate Julebukk would collect gifts from each home he visited.



***A Julebukk visits a prosperous Victorian household. He first tells children to behave, then gives them small gifts.***

Eventually, a kinder Julebukk evolved, where a man, still disguised as a goat, would visit homes to at first admonish children to behave, and then to pass out candy and small gifts.

And then there's "Gå julebukk," (to go

Julebukk) where youths dress in home-made costumes of all types and go door-to-door singing and passing out treats. Many in contemporary Norway are sorry to see this traditional Christmas activity gradually disappearing, and in fact are trying to revive it. Some hope that it will replace the "foreign" Halloween.

Today in Norway, the Julebukk is frequently found

*(Continued on page 5)*

*(Continued from page 4)*

on vintage Christmas cards as a companion and helper for Julenisser. Thankfully, this Julebukk does not meet the same fate as Thor's goats.

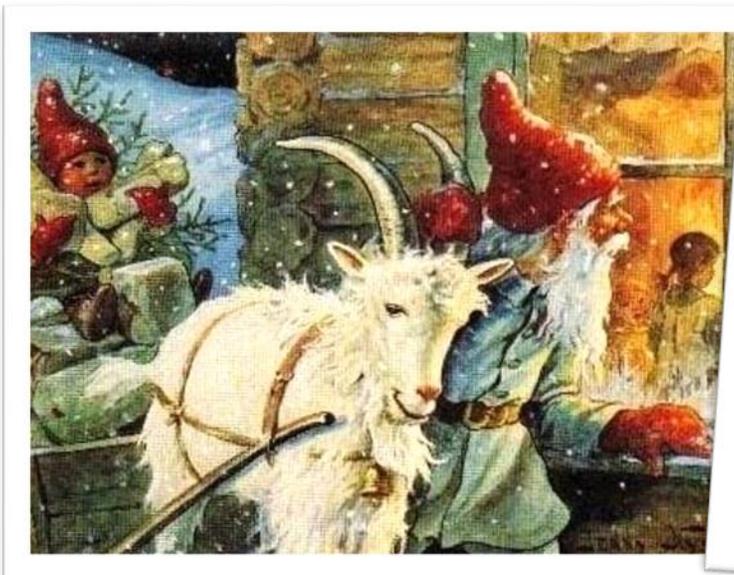
While decorating for Christmas, as you come across your Julebukk, stop and appreciate its long and varied history!



*Above: early photo of youths who "Gå julebukk." Notice one dressed as a goat on the far right. There's a movement in Norway to revive this tradition, hoping to replace "foreign" Halloween.*

**NEI,  
TIL HALLOWEEN  
JA,  
TIL JULEBUKK**

**VELKOMMEN TILBAKE  
I ROMJULA**



# 2018 Officers, Charitable Donations Approved

Last month the membership approved the 2018 slate of officers and directors, and approved the six local organizations researched and proposed by Foundation Director Ardis Morton. We also approved continuing support for two charitable funds run by the Sons of Norway



Please consider these organizations for your own holiday donations:

## Local Recipients:

- N Street Village (DC) [www.nstreetvillage.org](http://www.nstreetvillage.org)
- Rainbow Place (MD) [www.rainbowplace.org](http://www.rainbowplace.org)
- Interfaith Works (MD) [www.iworksmc.org](http://www.iworksmc.org)
- Homestretch (VA) [homestretchva.org](http://homestretchva.org)
- Capital Caring (VA) [www.capitalcaring.org](http://www.capitalcaring.org)
- Central Union Mission (DC) [www.missiondc.org](http://www.missiondc.org)

## SON Charitable Funds:

- Third District Charitable Trust <http://sofn3d.org/charitabletrust/index.html>
- SON Foundaton [www.sofn.com/foundation](http://www.sofn.com/foundation)

## 2018 Officers and Directors

### Elected Officers:

**President** Dave Brown  
**Vice-President** Shelley Mitchell  
**Treasurer** Denise and Tim Bowden  
**Secretary** Jeff Jorgenson  
**Financial Secretary** Henry Hansen  
**Counselor** Doris Goodlett  
**Newsletter Editor/Database Manager** Marie Hansen  
**Hospitality Director** Susie Fosaaen  
**Programs and Cultural Dir.** Bill DeRoche  
**Festival Co-Directors** — Karon Plasha and Susie Fosaaen  
**Foundation Dir.** Kari Sprecher

**Sports and Recreation Dir.** Greg Ovrebo  
**Sunshine Dir.** Kari Sprecher  
**Building Manager** Karon Plasha  
**Three-year term Trustee** Andy Parks  
**1st Marshall** Shelley Mitchell  
**2nd Marshall** Burt Koske  
**Musician** Marguerite Kause  
**Librarian** George Edwards  
**Historian** Burt Koske  
**Youth Director** vacant

### Non-elected officers:

**Third-year Trustee** Andy Parks  
**Publicity Director** vacant  
**Photographers** Bill DeRoche, Jasmin Sinclair, John Olsen  
**Greeter** Marguerite Kause  
**Greeter** Doris Goodlett  
**Greeter** Pat DeRoche

*god jul og godt nytt år*



## Photos from our 47th annual Christmas Festival

It is soooo hard to choose photos for this edition. **Please** see them all on Flickr. And most likely more will be posted as we receive them from many sources. [www.flickr.com/photos/norwaydc/albums](http://www.flickr.com/photos/norwaydc/albums)







## Ambassador Aas Hosts Arctic Cool

*By Lodge Member Christine Foster Meloni*

“Not your ordinary reception,” the Embassy invitation read. “Arctic Drinks/Arctic Seafood/Arctic Music.” The atmosphere at Arctic Cool was definitely electric.

A long line of enthusiastic guests chattered noisily as they waited in front of a bar sculpted of slowly-melting ice to get their Arctic drinks. The secret recipe, created by the Embassy’s Public Relations Officer Storm Horncastle, included aquavit, vodka, lime juice, and a scoop of sorbet.

Trym B. Ullerud, the Executive Chef of the Embassy of Norway, oversaw the culinary part of the evening. A plentiful supply of Arctic seafood had been flown in from Oslo the day before, and several food stations had been set up throughout the Ambassador’s residence.

The offerings were numerous: Steelhead trout, egg yolk and waffle; mackerel poke; herring maki; bacalao bianco; ackee and saltfish; snow crab and pepper; halibut, radish and smoked cream; potato, haddock and coldwater prawns; cod tempura and teriyaki.



**Members Christine Meloni and George Edwards at photo op for Embassy’s Nordic Cool. Smiles attest—the fish were cardboard.**



**Norway meets Japan: Traditional Norwegian herring interpreted as maki. Photo by Hajime Nakano [www.flickr.com/photos/jetalone](http://www.flickr.com/photos/jetalone)**

**The Arctic Bar served a special Nordic drink created by Embassy Public Relations Officer Storm Horncastle.**



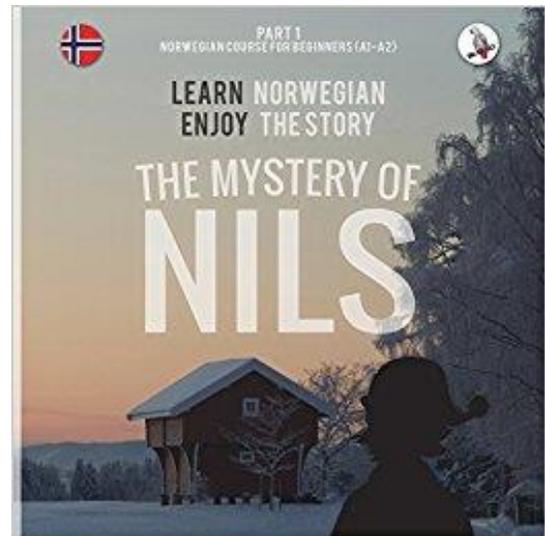
A special live station was featured with a new style “gravlax” with Executive Chef Espen V. Larsen from the Culinary Academy of Norway.

*(Continued on page 11)*

## Learn Norwegian, Enjoy the Story: New Language Classes

Language instructor Nina Brambini Smith announces the formation of new beginning and intermediate language classes at Norway House starting January 3, and is excited to offer new, improved text books. Advanced classes will continue.

The new text books for beginning and Intermediate-classes are cleverly disguised as mysteries: *The Mystery of Nils — Part 1* for beginners, and *Mysteriet om Nils — Part 2* for intermediate. These texts contain the most frequently used words in the Norwegian language, and impart structure and grammar with pictures and easy-to-remember examples. A related web site augments the lessons. Both books are readily available from online sources. Please have the appropriate book for the first class.



Classes meet each Wednesday. Beginners meet 6-7 PM, intermediate 7-8 PM, and advanced 8-9 PM. Norway House is at 3846 Meredith Dr., Fairfax, VA. The instructor, Nina Brambani-Smith, is a certified Norwegian/English teacher and a native Norwegian from Oslo. You may contact the instructor at [language@norwayDC.org](mailto:language@norwayDC.org) for more information and to discuss which level class would be best for you.

Cost is a bargain \$10 per hour to the Instructor and \$5 per evening to SON Lodge. The Lodge provides coffee and other beverages.

### *(Continued from page 10)*

The entertainment was also flown in from Norway. Kappেকoff is a Norwegian electronic disco project by producer, composer and bassist Magnus Falkenberg. He and Rasmus Thallaug made their very successful debut in Norway in 2014. They were very well received by the evening's guests.

Two opportunities for photo ops were provided. Guests could have their photos taken with the adorable polar bear who roamed among the guests. They could also go to a photo machine and pose wearing yellow fishermen's hats and holding large (cardboard) fish with sea and ships in the background.

The focal part of the evening was the impassioned speech by Ambassador Aas about the importance of the Arctic. He began by reminding the audience that Norway and the United States are both Arctic countries. (Yes. Think Alaska.) He went on to stress the vital importance of the Paris Agreement on Climate Change. Norway was one of the first signatories to this agreement. Only one country in the world is currently not a part of this agreement (the Ambassador was diplomatic and did not mention this country by name). All nations of the world must do whatever is possible to save our planet. Norway is working very hard in this area.

We Norwegian Americans can be very proud of the leading role of Norway in this critical area.

## December Reading Circle - Prose Edda

We will meet on Tuesday evening, December 12, 2017, to discuss *Prose Edda* by Snorri Sturluson. We have changed the meeting time from 7:30 to 6:00 because we will be meeting in a private home and a potluck dinner will precede the discussion. If you plan to attend, please RSVP to Christine Meloni at [reading@norwaydc.org](mailto:reading@norwaydc.org) for the location. Everybody is welcome.

The *Prose Edda* is one of the most renowned works of Scandinavian literature and our most extensive source for Norse mythology. Written in Iceland a century after the close of the Viking Age, it tells ancient stories of the Norse creation epic and recounts the battles that follow as gods, giants, dwarves, and elves struggle for survival. Prose Edda is available from Amazon in both Kindle and paperback formats.



*The Norse god Loki from an early Icelandic manuscript of The Prose Edda.*

### Attention Members — Record Your Volunteer Hours

The Lodge collects information on the time you spend supporting Sons of Norway, including activities like cooking at home for the pot luck dinners at our meetings, participating in Board and Festival planning meetings, etc. Please follow this link to record your hours for 2017: [Volunteer Hours Form](#) TUSEN TAKK!

## Local Folk Dance in December

### Nordic Dancers of Washington, DC

Meets Wednesdays, 7:30 PM  
Highland View Elem. School  
9010 Providence Ave., Silver Spring, MD

The Nordic Dancers will perform at our Festival on Saturday, Dec. 2 at 12 noon. They meet every Wednesday at 7:30 until June, with the exception of the week of Thanksgiving and December 20 and 27. Visit them to learn traditional dances. Newcomers welcome; no experience necessary. Contact Chris Kalke at 301-864-1596 or [ckalke@verizon.net](mailto:ckalke@verizon.net), or <https://sites.google.com/site/nordicdancersdc/>.

### Mid-Atlantic Norwegian Dancers

Sat., Dec. 2, 6:30 PM pot luck, 8 PM dancing  
6807 Westmorland Ave., Takoma Park, MD. Norwegian-style house party. Live music. Beginners, watchers, singles/couples welcome. Locations vary but usually are in the Silver Spring / Tacoma Park area of MD. (301) 270-4925 or <http://MAND.fanitull.org>

### Scandia DC Holiday Party

Sat, Dec. 16, 7 pm  
Greenbelt Community Center, 15 Crescent Dr., Greenbelt, MD  
Recreational Scand. dance group. No partner needed! Live music. [www.scandiadc.ino/scandia-dc-events](http://www.scandiadc.ino/scandia-dc-events). Email Linda Brooks or Ross Schipper at [linda@scandiadc.org](mailto:linda@scandiadc.org) or 202-333-2826.

## *From Lodge President Doris Goodlett*

God Jul!

### **Report on November 18 Lodge Meeting**

About 75 people attended on Saturday afternoon. We were happy to see so many. We welcomed lots of visitors including Karan Shaffer, Mike & Ingrid Johnson, Sofia Jorgenson, Joseph J. O'Donnell, Jim Turbett, Doug & Sue Rose, Dave & Raija Vachon, Harriet Lindenberg, Cheryl Welsh, and Vicki Peterman. We hope you had a great time, and hope you will come back again.

One of our new members, Mark Hansen, came to our Lodge Meeting for the first time. So glad to meet you, Mark, and hope you will continue to join us. Thank you for being my time-keeper for the evening. :-)

Our guest speaker, Dr. Jennifer Paxton, Professor of Medieval History at Catholic University, presented a most interesting program regarding Vikings in the Irish Sea World.

After the program, we enjoyed a light repast prepared by our Hospitality Chair, Susie Fosaaen. The food was delicious. We thank you Susie for all your hard work. Thanks also to others who contributed to the menu.

A brief business meeting concluded the evening at which we elected the officers of our executive board for 2018. See page

for the newly elected Board. Installation ceremonies will be held at our January 20, 2018 Lodge Meeting officiated by former Lodge President Kristin Stone.

The Lodge also approved the six proposed charitable organizations, to each of which our lodge will give a \$250 donation. Thank you, Ardis Morton, for being our Foundation Director for many years. You have done a stellar job.

### **Report on Christmas Festival**

We had 75 enthusiastic volunteers who were willing to give of their time and energy to support our festival. Although the number of visitors may have been fewer this year, the festival was still a success. Mange takk to all the volunteers for making it so. We could not have done it without everyone's help. Special thanks to Marie Hansen who was the coordinator of the volunteers. You did a SUPER job. Tusen takk.

Denise Bowden has been our Festival Chair for many years. She has always striven to make each festival better and bigger than the one before. She has worked tirelessly since July to make this year's festival the best one ever. Her leadership and expertise are greatly appreciated. Tusen takk, Denise. Kudos for a great success. It was



indeed the best festival of all.

Thanks to the Fosaaen sisters, Susie and Karon, who also worked very hard to make our festival successful. They both have put in many hours of work to make it happen. They will be working hard for weeks to come to put all the festival merchandise neatly away and to check the inventory of the various items. The two of them will be co-chairing the Festival next year.

Tusen takk to all those who did the heavy lifting and moving of merchandise, food, and supplies from N.H. to the church on Thursday to set up, and then to take it down again and back to N.H. at the conclusion of the festival on Saturday evening: Henry Hansen, Greg Ovrebo, Tim Bowden, Marvin Reed, Burt Koske, Gary Johnson, Dave Brown, Chris Bull, and George Edwards. If I have omitted anyone, please know that your efforts are greatly ap-

*(Continued from page 13)*

preciated. You all deserve medals for the excellent job you did. Henry, Greg, and Tim also lent the use of their trucks to do the hauling. Mange takk.

To all those who ably manned the Cafe, tusen takk. The food was delicious and well presented. The service was organized and quick, and friendly. Efficient management kept the lunch lines short. No one had any reason to leave our festival with empty tummies. Takk for maten.

We were happy to have Mary Anderson, Third District President, and Kathy Dollymore, Third District Vice-President come to help us. They were our greeters at the front door and set a positive tone for our festival upon the arrival of our guests. Mange takk.

Thanks also to Karen Keith for bringing her beautiful Fjord horses, Fia and Bella. Thanks to Karon Plasha and Susan Bratvold-Boyd for bringing their adorable Lundehunds, Halli and Penny, and to Dr. Nancy Suska, DVM, for bringing her two Norwegian Forest Snow cats, Pipa and Piper. The animals are a very special addition to our festival, that I believe, no other Scandinavian festival has.

Another very special attraction this year was the Friday evening concert performance by Norwegian singer Jardar Johansen in the sanctuary of the church. He and his band presented a most enjoyable program: "A Norwegian Christmas." We are thankful they came and we hope they will come again next year.

I do not have space to

thank everyone who helped, but please know that our lodge sincerely thanks all of you for your hard work, without which our festival would not have happened. Many hands got it done. Thanks so very much.

**Coming Attraction**

Hope to see all of you at our Jultrefest on Sunday, December 10 from 4:00 to 6:00. We will sing Christmas carols, led by Tim Christenson, and we will enjoy eating an array of light holiday treats. Children will dance around the Christmas tree and will receive Christmas gift bags. Please let us know how many children you will bring so we can prepare enough gift bags for all.

"God Jul og Godt nytt år!"  
*Doris Goodlett*

**Photos from the Festival Concert by Jardar Johansen**



## Another chance for Norwegian cheese, lefse, and bakery items from the Festival

### Cheese:

Gudbrandsdalsost brown cheese – 17.5 oz. for \$11

Ekte Geitost – 8.8 oz for \$6

**Lefse:** Some unsold Granrud's lefse has been frozen and is discounted from \$7 to \$5

### Bakery Items — now frozen to preserve freshness:

Christmas bread (Julekake) discounted from \$6 to \$4

Almond Success Cake (Gluten Free) Suksesskake discounted from \$16 to \$12

Almond Tart (Fyrstekake) discounted from \$12 to \$8



To reserve, call or text Susie Fosaaen at 703 861-4071. First come, first serve!

You can pick these up at Jultrefest Sunday, Dec. 10 from 4-6 or make other arrangements to pick it up at the lodge.



## Ardis Morton's Riskrem

Here are two **invaluable Lodge** assets: Ardis Morton (left) and Marguerite Kause. This photo is from the Christmas Festival last weekend. Both Ardis and Marguerite have supported the Lodge in almost all capacities over many decades. Ardis has been a member of SON since 1971 and Marguerite since 1977. Always in demand, we give you Ardis's recipe for the best riskrem in the world.

- 4 cups milk
- 3/4 cup white long-grain rice
- 1/2 cup sugar
- 1 1/2 tsp. almond extract
- 1 pint heavy cream, whipped
- 1/2 cup sugar

Cook the rice in milk in a double boiler until it is soft and the mixture is thick — about 1.5 hours. Add 1/2 cup sugar and almond extract. Chill.

Whip cream and the 1/2 cup sugar. Add to rice mixture. You can add one whole almond, with a prize given to the one who gets it.

Tips:

- 1) Stir rice frequently at first, so it doesn't stick to the pan. Then stir occasionally.
- 2) Turn boiling water to medium — keep at boiling level. Keep an eye on the water so the pan does not go dry.

# Nov. Lodge Meeting

We had a huge turnout for Jennifer Paxton's presentation on Vikings in Ireland. See all photos from the meeting here: [www.flickr.com/photos/norwaydc/albums](http://www.flickr.com/photos/norwaydc/albums)



# Happy December Birthdays! Gratulerer med dagen!



Joyce E Anderson  
 Kristina Anderson  
 Linda Brooks  
 Philip Eskeland  
 Erica Gjorven Gilligan  
 Karin Halverson  
 Henry Hansen

David Hofstad  
 Craig Holman  
 Judith Kee  
 Orron Kee  
 Loretta Kelley  
 Erik Larson  
 Gordon Moe  
 Craig Nelson

Rolf Ness  
 William Louis Peterson  
 John Rasmus  
 Marvin Reed  
 Tricia Rodgers  
 Barbara Taylor

## A new batch of photos from the Festival arrived just in time for the newsletter

Please check the Flickr periodically since we continue to update [www.flickr.com/photos/norwaydc/albums](http://www.flickr.com/photos/norwaydc/albums)



## Norway's Christmas Presents

In addition to the beautiful Christmas tree in Washington DC's Union Station, did you know that the tree in Trafalgar Square, London, is also a gift from the Norwegian people? Both have been given each year since 1947 in appreciation of the help received from the US and England during World War II. Also, for many years the City of Oslo has given a Christmas tree to the City of Reykjavik.

Clockwise from top are the Trafalgar Square tree, Reykjavik's tree, and the 2017 Union Station tree, with Norwegian singer Jardar Johansen and Lodge member Christine Meloni in foreground.



## Directions to Norway House

3846 Meredith Dr., Fairfax, VA 22030  
[www.norwaydc.org/directions](http://www.norwaydc.org/directions)

On weekdays, a residential parking permit is required to park on Meredith Dr. You may park in the Christ Lutheran Church parking lot (entrance directly across the street from the Norway House).



**From Beltway or I-66:** From the Beltway, go West on I-66. Exit I-66 onto Rt. 123 (Chain Bridge Rd.) south toward Fairfax (Exit 60). Go about a half mile. Turn right on Rt. 50 west (also Rt. 29, Lee Highway, and Fairfax Blvd.). Just after the 3rd traffic light, turn right on Meredith Dr. (between a Merchants Tire store and a Mobil gas station). Norway House is on the right.

**From Rt. 50/29:** Go west from the Beltway about 5.33 miles. After crossing Rt. 123 (Chain Bridge Rd.), stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Mobil gas station). Norway House is on the right.

**From far western suburbs:** From I-66 East, take Exit 52, Rt. 50, east, toward city of Fairfax. Go about one mile. Turn left at Fairfax Blvd., which is where Rt. 29 joins Rt. 50 (which itself angles left). Turn left after a Mobil station onto Meredith Dr. Norway House is on the right.

**Metro & bus:** From the Dunn Loring/Merrifield Metro station (on the Orange Line), go to Bus Bay E. Take bus 1C toward West Ox Rd. and Alliance Dr. The bus will go down Lee Highway/Fairfax Blvd. (Rt. 50/29). Get off about 30 min. later at Meredith Drive (after Warwick Ave.).

### Reusing Capital Viking Content:

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## Lodge Leaders and Contacts

### Lodge Website:

[www.norwaydc.org](http://www.norwaydc.org)

### President: Doris Goodlett

703-278-8724 or [president@norwaydc.org](mailto:president@norwaydc.org)

### Vice-President: Dave Brown

703-378-5271 or [vp@norwaydc.org](mailto:vp@norwaydc.org)

### Secretary: Jeffrey Jorgenson

703-503-3061 or [secretary@norwaydc.org](mailto:secretary@norwaydc.org)

### Treasurer: Bill DeRoche

304-725-2710 or [treasurer@norwaydc.org](mailto:treasurer@norwaydc.org)

### Financial Secretary: Henry Hansen

703-815-4945 or [financial@norwaydc.org](mailto:financial@norwaydc.org)

### Hospitality Director: Susie Fosaaen

703-861-4071 or [hospitality@norwaydc.org](mailto:hospitality@norwaydc.org)

### Librarian: George Edwards

703-220-1681 or [librarian@norwaydc.org](mailto:librarian@norwaydc.org)

### Cultural/Programs: Denise Bowden

[programs@norwaydc.org](mailto:programs@norwaydc.org)

### Newsletter Editor: Marie Hansen

703-815-3467 or [editor@norwaydc.org](mailto:editor@norwaydc.org)

### Webmaster: Vacant

[webmaster@norwaydc.org](mailto:webmaster@norwaydc.org)

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### U.S. Mail:

Sons of Norway  
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 Fairfax, VA 22030

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