



Capital Viking

Sons of Norway Washington Lodge
Established 1943 ♦ www.norwaydc.org

Jan. Lodge Meeting: Pea Soup, Biopic, & Installation of Officers

Saturday, January 21, 5 PM
Norway House
3846 Meredith Dr.
Fairfax, VA 22030 [directions](#)

The January meeting features a delicious pea soup dinner followed by the installation of 2017 Lodge officers and a documentary on Crown Princess Martha of Norway, focusing on the years she spent in exile in the U.S. during WWII. Non-members are welcome.

The Lodge will provide the famous Fosaaen pea soup. Please bring a side dish or dessert to share.

Kathy Dollymore, Third District Vice-President, will officiate at the installation ceremony.

Members receiving pins at the meeting are listed on page 3.

Biopic: Crown Princess Martha was the Swedish princess who became the wife of Norway's King Olav V and mother of the current King Harald V. Martha quickly earned the love of the Norwegian people; as testimony, her statue now stands in front of the Royal Norwegian Embassy in Wash-



President Franklin D. Roosevelt and Norway's Crown Princess Martha at the Washington Navy Yard, September 16, 1942, for the presentation of an American sub chaser to the Norwegian Navy. Come watch the biopic on Jan. 21.

ington, DC.

During her exile, Martha developed a close relationship with Pres. Roosevelt. Some believe their friendship helped inspire FDR's impassioned "Look to Norway" speech:

"If there is anyone who still wonders why this war is being fought, let him look to Norway. If there is anyone who has any delusions that this war could have been averted, let him look to Norway; and if there is anyone who doubts the democratic will to win, again I say, let him look to Norway."

Lodge Contacts: page 26.

To join Washington Lodge visit www.norwaydc.org/membership or call SON headquarters in Minneapolis (800-945-8851) or email database@norwaydc.org. Lodge 3-428. See page 24.

Next Lodge Meeting Sat., Feb 18, 5 PM

Speaker on the US 99th Infantry Battalion. See page 2 (Calendar of Events) and program description on page 9.



Lodge Calendar

www.norwaydc.org/events

Activities are open to non-members and are at Norway House unless stated otherwise below. Directions are on page 26 and www.norwaydc.org/directions.

Jan. Board Meeting*

Tuesday, January 17, 7 PM
Members only.

Jan. Lodge Meeting

Saturday, January 21, 5 PM
Page 1

Genealogy Interest Group

Sunday, January 22, 2 — 4 PM

Feb. Lodge Meeting

Saturday, Feb. 18, 5 PM
Pages 1 & 9

Reading Circle

Tuesday, February 21, 7:30 — 9 PM
Page 17

Nisse Workshop

Saturday, February 25, 9 AM — 2 PM
Page 9

Norw. Language & Conversation

New beginning class starts Jan. 4

Every Wednesday
Beginner 6 pm, Interm. 7 pm, Adv. 8 pm.
www.norwaydc.org/language
Page 24

*

Note this is the **Board** meeting, not the monthly Lodge meeting. All members may attend to make suggestions and to learn how Lodge decisions are made.

Other Local Events

Pink — a Cherry Blossom Fantasy

Through January 15

Kaplan Gallery

155 Gibbs St., Rockville, MD 20855

Art exhibit by Norwegian artist Liliane Blom.

An immersive dreamscape of floating cherry blossoms, sound, video and digital paintings.

Ms. Blom is based in Rockville, MD.

www.visartsatrockville.org/more/event/liliane-blom-pink/

Scena Theater “Someone Is Going to Come”

by contemporary Norwegian playwright and author Jon Fosse.

January 6 — February 5

ATLAS Performing Arts Center

1333 H Street NE, Washington, DC 20002

www.atlasarts.org/event/2017-01-07/

202-339-7993. See page 12.

Mid-Atlantic Norwegian Dancers

Sunday, Jan 8, potluck at noon, dancing at 1:30 PM.

9512 St. Andrews Way, Silver Spring, MD

Norwegian-style house party. Loretta Kelly,

fiddler. <http://MAND.fanitull.org>

Norwegian Church Service

Sunday, Jan. 8, 3 PM

Emmanuel Lutheran Church,

7730 Bradley Blvd., Bethesda, MD

“The Epiphany” Norwegian language church

service. Sunday School in Norwegian for

children during church. Coffee hour after. All

are welcome. Contact Lasse Syversen, 301-

641-7908, lasse@flagship.com.

Scandia DC Dance Party

Sat, Jan. 21, 7 — 10 PM

Greenbelt Community Center, 15 Crescent

Dr., Greenbelt, MD

Recreational Scand. dance group. Live mu-

sic. Teaching dance is Finnskogspols. Fid-

(Continued on page 3)

(Continued from page 2)

dler Andrea Hoag. \$10. www.scandiadc.info/ or contact Linda Brooks & Ross Schipper at linda@scandiadc.org or 202-333-2826.

Am. Scan. Assoc. (ASA) Jan. Meeting

Mon., Jan. 23, 8 PM

St. John's Episcopal Church

6701 Wisconsin Ave, Chevy Chase, MD 20815

Presentation by Robert F. Benson on his personal experiences as member of the first scientific team to spend a winter at the South Pole, with references to famed Norwegian explorers of Antarctica.

www.scandinavian-dc.org/Meet-1.htm

See page 9.

Nordic Dancers of Washington, DC

Meets most Wednesdays, 7:30 PM

Highland View Elem. School,
9010 Providence Ave., Silver Spring, MD
Learn Scan. Dances. Chris Kalke 301-864-1596, NordicDancers@aol.com, or <https://sites.google.com/site/nordicdancersdc/>

Norwegian Embassy Calendar

www.norway.org/News_and_events/Event-Calendar/

SON Wash. Lodge Facebook

www.facebook.com/groups/SonsofNorwayDC

Non-local Events

Virginia Museum of Fine Arts, Richmond

Jasper Johns and Edvard Munch: Love,

Loss, and the Cycle of Life, Through Feb. 20

<https://vmfa.museum/exhibitions/jasper-johns-and-edvard-munch-love-loss-and-the-cycle-of-life>.

Welcome New Members!

David Carlson, Vienna VA
Bernice Duvall, Chevy Chase MD
Cheryl Hansen, Annandale VA
Mark Hansen, Annandale VA
Emma Hart, Silver Spring MD
Ethan Hart, Silver Spring MD
Jessica Hart, Silver Spring MD
Nicole Hart, Silver Spring MD
Drew Johnson, Haymarket VA



Lindsay Johnson, Haymarket VA
Tyler Johnson, Haymarket VA
Grant LeHew, Owings MD
Pierce LeHew, Owings MD
Mark Loberg, Silver Spring MD
Ruth Logue, Bethesda MD
Alexis Peterson, Lovettsville VA
Kristina Stewart, Annandale VA

Membership Pins to be Awarded at the January 21 Meeting:

Congratulations and thank you for your years of loyalty to our lodge!

10 year pin — Christopher McCaslin, John Olson, and Steven Stormoen

20 year pin — Ellen Haberlein

25 year pin — Betty Kelly

35 year pin — Genevieve Arneson

40 year pin — Marguerite Kause

50 year pin — Jorun Oberst and Anne Van De Meulebroeck

Attention Parents:



Activities for children are usually planned during the presentation portions of our monthly meetings. If you plan to bring children please send an email to programs@norwaydc.org prior to the meeting so we can have enough materials for the planned activity.

2016 Festival Wrap-Up

By Festival Co-Chair Denise Bowden

Our 2016 Festival was one of our most successful ever – we had excellent sales (net profits are still being calculated as of this writing); however, the best success was the addition of fourteen new members in December, very possibly as a result of the Festival!

We exceeded our expectations with an enhanced Café, talented artisans, cooking demonstrations and wonderful entertainment. This success is solely attributed to the

(Continued on page 5)



(Continued from page 4)

contributions of many volunteers leading up to and during the festival—with 83 volunteers this year!

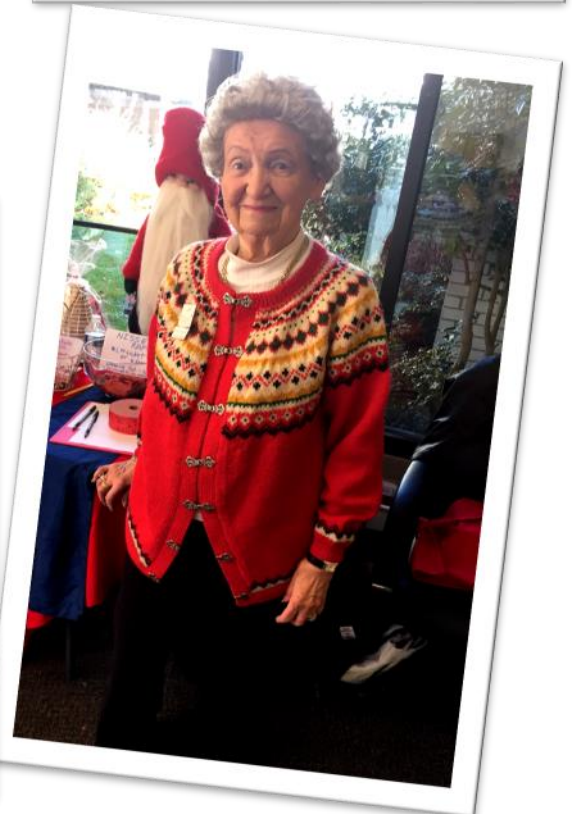
Our festival is unique because it features authentic Norwegian cooking and artisan demonstrations and offerings, varied entertainment—including the wonderful children's performance of "The Twelve New Days of Christmas" (performed in English and Norwegian), Fjord horses, Lundehunds, imported food, café and the variety of authentic Norwegian merchandise -- all of this is what brings us together to celebrate our Norwegian heritage.

After the conclusion of each festival, we solicit your suggestions, comments or thoughts on how to improve the Festival, so if you have ideas/thoughts, please send an email to the Festival committee as

we welcome inputs to improve the 2017 Festival. Email festival@norwaydc.org.

Thank you to those who have already sent suggestions.

Looking forward to the 2017 Festival the first weekend in December!



More Festival Photos



More Festival Photos

All Festival photos will be posted on www.flickr.com/photos/norwaydc/



Tusen Takk to the Best Volunteers in the World!



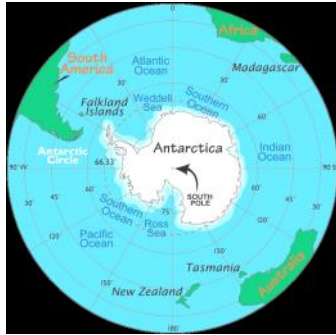
The Lodge is so grateful to all of you for the time, effort and creativity you expended last month—and for some, many months before that. Whether you volunteered for a couple of hours or many weeks, we salute you. We hope you enjoyed your time at the Festival. It's a great way to get to know other members. Please send your insights about how things could be improved to festival@norwaydc.org. If any names have been omitted below, please contact editor@norwaydc.org. Festival 2016 volunteers are:

Christian Andersen
Joyce Andersen
Mary Andersen
Rhonda Ferguson-
Augustus
Denise Bowden
Tim Bowden
Jimmie Bratvoid-Boyd
Leah Bratvoid-Boyd
Susan Bratvoid-Boyd
Dave Brown
Janice Brown
Liz Bruening
Chris Bull
Julie Burnett
Tim Christenson
Joy Cox
Bill DeRoche
Pat DeRoche
George Edwards
Carolyn Figueiredo
Bonnie Fite

Debbie Fosaaen
Susie Fosaaen
Andres Frame
Rannveig Fredheim
Al Freeman
Linda Freeman
Doris Goodlett
Warren Goodlett
Henry Hansen
Marie Hansen
Christine Hart
David Hofstad
Pat Huber
Linda Hurt
Kirk Ingvaldstad
Solbjorg Jansberg
Gary Johnson
Jeff Jorgenson
Marguerite Kause
Judy Kee
Orron Kee
Karen Keith

Marshall Keith
Tina Keune
Burt Koske
Erik Larson
Jinann Larson
Marci Larson
Joyce Lawrence
Allison Malone
Carol Bjerke McGarry
Christine Meloni
Shelley Berg Mitchell
Joel Myklebust
Ruth Nybro
Greg Ovrebo
Caroline Pade
Emilie Pade
Jason Pade
Karon Plasha
Ann Platou
Arnold Platou
Mary Jo Proudly
Betty Reed

Kari Romdahl
Margie Goergen-Rood
Lynn Rundhaugen
Irene Saldvold
Jennifer Nelson Sara-
cevic
Queenie Sheldahl
Linda Sponsler
Kari Sprecher
Katherine Stone
Kristin Stone
Kari Thorne
Rod Thorne
Marga Tucker
Sonja Ulvedal
Svain Ulvedal
Lucy Lyons Willis
Doug Wright
Lance Wright



ASA Program on Polar Exploration

Robert Benson was a scientific member of the first group to winterover at the Amundsen-Scott IGY South Pole Station in 1957 during the International Geophysical Year (IGY). His presentation for the American Scandinavian Association (ASA) on January 23 will describe that first winter and relate it to the achievements of famed Norwegian explorers Roald Amundsen, Fridtjof Nansen and Kristian Birkeland. He will also briefly relate this experience to current research at the U.S. South Pole

Station and to his space science research at the NASA/Goddard Space Flight Center in Greenbelt, Maryland. www.scandinavian-dc.org/Meet-1.htm

American Scandinavian Association January Meeting, Monday, January 23, 8 PM
St. John's Episcopal Church, 6701 Wisconsin Ave, Chevy Chase, MD 20815

Future Lodge Events

Do you have a program idea? If so please email Denise Bowden at programs@norwaydc.org.

February Lodge Meeting

Saturday, February 18, 5 PM

Speaker on the US 99th Infantry Battalion, which was activated by the US War Department in 1942. This elite unit was to consist only of Norwegians and Americans with direct Norwegian descent. Members had to have a working knowledge of the Norwegian language and preferably know how to ski.

Nisse Workshop

Sat., Feb. 25 9 AM to 2 PM

This workshop will be led by one of our Festival artisans, Karen Richardson. Participants will leave with a completed nisse of their own made of natural fibers. Light lunch provided. \$15. Limited space. Email programs@norwaydc.org to reserve your spot. To see Karen's work visit <http://>

woolshoparts.blogspot.com/2011/11/little-about-me-to-start.html.

Festdrakt Workshop Tentative for March

This depends on YOU. We have *tentatively* scheduled Deb McConaghy to conduct another Festdrakt Workshop at Norway House mid-March 2017, if there is enough interest. Contact programs@norwaydc.org if you are interested. Festdrakts are generally simpler to make than bunads, and are made from lighter-weight fabrics like cotton. Several members have made lovely festdrakts for themselves or family members at past workshops with Deb. She can also help repair old bunads and festdrakts and help make or tailor components. She provides all materials needed or, if you prefer, can suggest fabrics and trims to obtain on your own.



Festival Raffle Winners

Kathy Kronar - Toddler Size Nisse created by Karen Richardson

Ken Erickson - Kransekake by Rannveig Fredheim, which Ken generously donated back to the Lodge.

Angels of the Lodge: Julebarnekor

By Lodge Member and Children's Choir Director Bonnie Fite

Our Lodge sponsored the first Julebarnekor (Children's Christmas Choir). Starting in early October, a committed group of children met every Sunday to rehearse *De Tolv Nye Juldagene* (The Twelve New Days of Christmas). They came from Sons of Norway families, Norwegian-American families, American families and from Norway.

Together they learned three Norwegian carols and ten English carols. Some sang solos, others memorized speaking parts and learned the songs. Even though memorizing the Norwegian lyrics and learning to pronounce them was a challenge, they persisted until they mastered the songs.

They had the privilege of performing at our Christmas Festival on December 3. Then on December 7, they performed at the National Christmas Tree on the Ellipse. A Voice of America (VOA) camera crew captured the performance and interviewed Bonnie Fite, Ellen Dockery and Nina D., a member of the choir and soloist. A third



The Julebarnekor performed at the National Christmas Tree on the Ellipse. Voice of America recorded the performance. Visit <http://www.golos-ameriki.ru/a/christmas-carols/3637721.html> to see the VOA clip, in Russian!

performance, on December 11, was at the Norwegian Church Service in Bethesda.

At all performances the choir sang beautifully. They enjoyed learning Norwegian while sharing the classic carols. Meanwhile the drama characters, under the direction of Doris Goodlett, entertained all. They filled in the historic context behind the story of the first Christmas.

A link to the Voice of America

interview is here: www.golos-ameriki.ru/a/christmas-carols/3637721.html

Note the VOA segment is in Russian! But you can hear the children performing and get an idea of how cold it was that night! Please take the time to view this heart-warming video.

Many thanks go out to the children, to the adult volunteers who invested generous hours to help the choir perform their best, and to the choir moms.

The Mission of Sons of Norway

is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

An Embassy Julfest

By Lodge Member Christine Meloni

Reprinted by permission from the [Norwegian-American](#)

The Ambassador's annual Christmas party at the Royal Norwegian Embassy in Washington, D.C., is always a very special occasion, and this year was certainly no exception.

Storm Horncastle, the Embassy's Public Relations Officer, greeted the guests warmly as we arrived at the Embassy. She immediately directed us to a table where we were served a warm cup of gløgg, the traditional Norwegian Christmas drink made of mulled wine, cloves, cinnamon, almonds, and raisins. It was very much appreciated on a cold evening in the nation's capital.

We were then invited to ascend the staircase to the Ambassador's residence, where the mood was joyful. Ambassador Kåre Aas was, as always, a most gracious host, mingling with his guests and greeting everyone with warmth and enthusiasm.

He has a special knack for making guests feel at home.

The holiday decorations throughout the residence created a very festive air. The Christmas tree was beautiful with its colored spheres and heart basket ornaments. (For instructions on how to make the traditional Norwegian heart basket ornaments, go to mylittlenorway.com/2011/12/norwegian-christmas-heart-baskets.)



The major focus was the magnificent smørgåsbord in the dining room. The centerpiece was splendid with two kransekaker.

Each cake looked like a small Christmas tree, decorated with miniature Norwegian flags, poinsettia flowers, and candy canes and topped with a little elf dressed in red.

As we waited for the buffet to be set up, guests were busy socializing and listening to jazz played by the Tedd Baker Quartet. We also had the opportunity to sample some new drinks.

Horncastle introduced a special pink cocktail called "Sparkling Norwegian Christmas Gløgg" that she had created. It

(Continued on page 12)



Top, Storm Horncastle with her creation "Sparkling Norwegian Christmas Gløgg." Photo by Maxwell C. Schroder. Above, Christmas kransekaker topped with nisser made a festive centerpiece at the Embassy Christmas party. Photo by Christine Meloni.



Riveting Norwegian Drama at ATLAS Performing Arts Center

Scena Theatre will present *Someone is Going to Come*, a riveting drama by Norway's Jon Fosse, from January 6 to February 5, 2017 at the ATLAS Performing Arts Center, 1333 H Street NE, Washington, DC 20002.

Playwright Jon Fosse is hailed as "the new Ibsen of Norway." His works have been translated into more than 40 languages, making him one of the most produced playwrights ever. "Fosse is not as well known in America, so I'm pleased I can introduce the DC area to this deceptively simple, yet deep and complex work," says Scena Founder Robert McNamara who will direct the play.

For tickets, go to www.atlasarts.org/event/2017-01-04 or call 202-339-7993. Adults: \$30 - \$35 Students/Seniors: \$20 - \$25 Previews Jan. 6 and Jan. 7: \$10.

PLOT: A strange couple moves into an isolated, run-down house to be alone, far from the prying eyes of others. Yet, they both grow increasingly anxious that "someone is going to come."

(Continued from page 11)

aroused considerable interest and was declared delicious. Guest Virginia Lezhnev warned, however, that you should drink it at home or only if you are not the designed driver for the night. It will definitely put a kick into your holiday!

Everyone seemed to refer to it as the Lingonberry Cocktail because lingonberry was one of the primary ingredients. The recipe is below.

Sparkling Norwegian Christmas Gløgg

Created by Storm Horncastle

1 oz. aquavit
1/2 oz. gløgg mix (no wine added)
3 tsps. simple syrup
1 tsp. lingonberry purée
Prosecco
Shake aquavit, gløgg mix, simple syrup, and lingonberry purée over ice.
Strain into glass and top off with Prosecco.
Skål!

In a corner of the library, Tore G. Nybø, the general manager of Nøgne Ø, was offering samples of the brewery's new beers. This brewery, located in Grimstad, is Norway's leading and largest

supplier of craft beer.

Guest Bill Greer sampled the Citra Pale Ale and remarked that he found it to be very refreshing with a strong lingering taste of hops. "It was very much better than the local weak beers I recently drank in Oslo and Kongsberg," he said. "I would definitely order this in a restaurant."

Soon the buffet was set up with a wide variety of delicious foods including various kinds of meat and fish (salmon, of course), pickled beets, pureed rutabagas, potato salad, and two kinds of Norwegian cheeses, Jarlsberg and geitost.

After the main course was finished, a scrumptious array of desserts appeared—creamed rice with strawberry sauce, cloudberry crème, krumkaker, and ginger cookies. The kransekaker were broken into small pieces and served.

Guests seemed reluctant to leave but they found a thoughtful surprise as they left. Each person received a Norwegian heart basket ornament with a small bar of Freia chocolate tucked inside and a heartfelt thank you for coming.

It was an evening to remember!

SON Scholarship Deadlines Approaching

The Sons of Norway Foundation offers college, trade school, and high school scholarships starting at \$1,000 for current members and children or grandchildren of current members. This is a great SON benefit. For more information including complete eligibility requirements call (800) 945-8851 or visit https://www.sofn.com/foundation/grants_and_scholarships/



A dining hall at Blindern Dormitory, Oslo International Summer School. Each year the SON Foundation awards two scholarships for this program. Photo by Mantas Grigaliunas.

Last year most applications were due by March 1 but this year several were moved up to January 9.

King Olav V Norwegian-American Heritage Fund

Deadline January 9. Applicants must be 18 or older and be either 1) Americans who plan to explore Norwegian heritage or modern Norway at an institution of higher learning or 2) Norwegians who desire to further their studies in American culture at an institution of higher learning.

Astrid G. Cates/Myrtle Beinhauer Fund

Deadline March 1. Eligible applicants are enrolling in post-secondary training or education including trade school, vocational school or college.

Scholarship to Oslo International Summer School

Deadline January 9. Two \$1,500 scholarships are awarded for undergraduate and graduate students to attend the Oslo International Summer School, a 6-week program from June to August.

Helen Tronvold Norwegian Folk High School

Scholarship

Deadline January 9. Up to three \$2,000 scholarships are awarded annually in support of cross-cultural experiences for youth by helping them attend one of Norway's 70 folk high schools for an entire year of study (August-May).

Nancy Lorraine Jensen Memorial Scholarship

Deadline April 1. Applicants must be female US citizens aged 17-35 majoring in chemistry, physics, or chemical, electrical or mechanical engineering. Must have a parent or grandparent with at least three years of SON membership. Additional requirements exist. The award is for 50% of the tuition of one semester for up to three years.

Warne - Eng Scholarship

Deadline January 9. This scholarship creates opportunities to attend educational institutions in

(Continued on page 14)

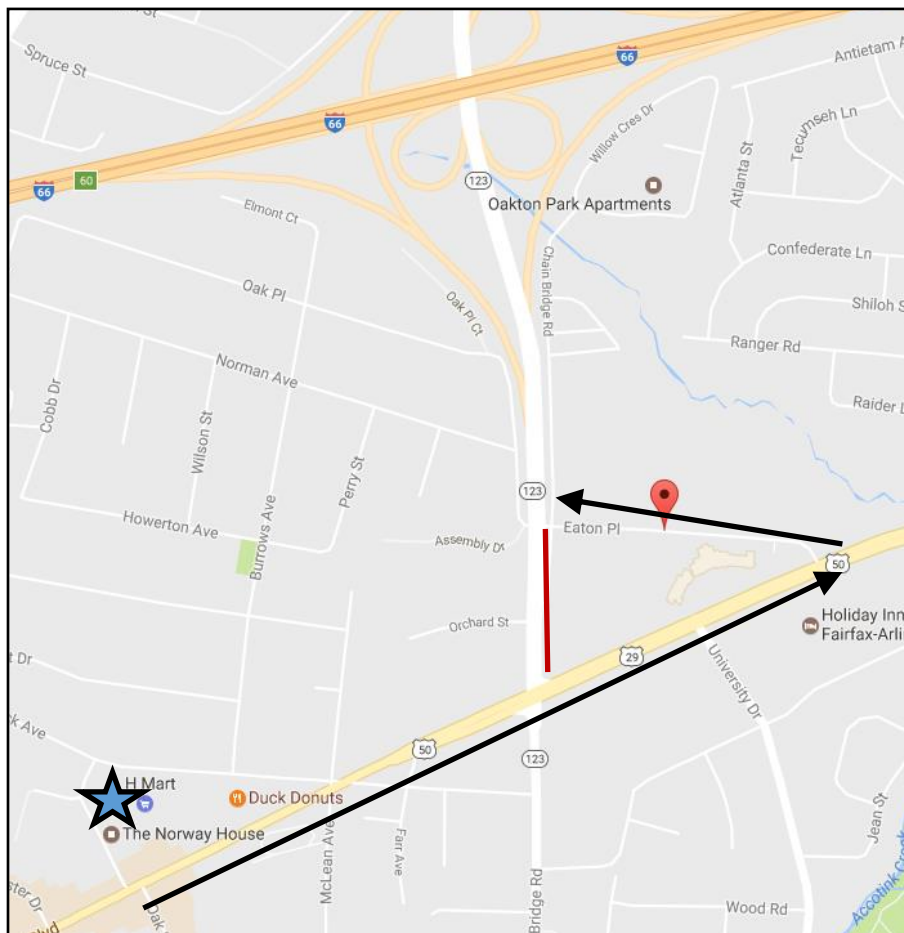
(Continued from page 13)

Norway and helps with costs of tuition, room and board. Applicants of any age who have completed one full year of college level work, and have been accepted by an educational institution in Norway for undergraduate work are eligible.

Lund Fund Scholarship

Deadline January 9. One \$1,500 scholarship is awarded annually for study abroad experiences through accredited, post high school, educational institutions. No preference is given based on country selected for study-abroad experience. High school graduates or equivalent, with special consideration to military veterans.

Closure May Affect Your Drive from Norway House



Northbound Route 123/Chain Bridge Road will be closed between Fairfax Boulevard (Route 29/50) and Eaton Place beginning mid-January 2017. The red line on the map shows the short portion of Rt. 123 affected. **Southbound** Rt. 123 will not be closed.

The black arrows show a detour from Norway House (blue star) to northbound Rt. 123. Continue along Rt. 50 eastbound. Pass Rt. 123 and make the first left after the shopping center, onto Eaton Place. Hopefully the detour will be clearly marked by VDOT.

The closure will continue through December 2017. Info on the project is here: www.northfax.com/



Are you in need of bunad shoes?

A member has a pair of "like new" women's black shoes with silver buckles, size 8.5 narrow, that are appropriate for completing a bunad outfit. If anyone is interested please contact editor@norwaydc.org. (The shoe buckle at left is not from these shoes.)

***The Birds* by Tarjei Vesaas: A haunting character study**

***Book Review by Member
Christine Foster Meloni***

Tarjei Vesaas is considered one of the greatest, if not the greatest, Norwegian writer of the 20th century. He was born in 1897 in Vinje, Telemark, and grew up on his family farm there. He spent considerable time alone in nature as a boy, and his closeness to the natural world is evident in his works, including *The Birds*. In all of his works he showed great psychological insight. He wrote both poetry and novels from 1923 until his death in 1970. He was married to the writer Halldis Moren Vesaas.

Vesaas received several prestigious literary awards including the Venice Prize for *The Winds* in 1953 and the Nordic Council's Literature Prize for his novel *The Ice Palace* in 1963. He was nominated for the Nobel Prize in Literature in 1960.

The protagonist of his hauntingly beautiful novel *The Birds* is Mattis, a man in his 30s who is known as Simple Simon to the people in his town. He has serious problems dealing with others in social contexts and with applying himself in work situations. He is completely depend-

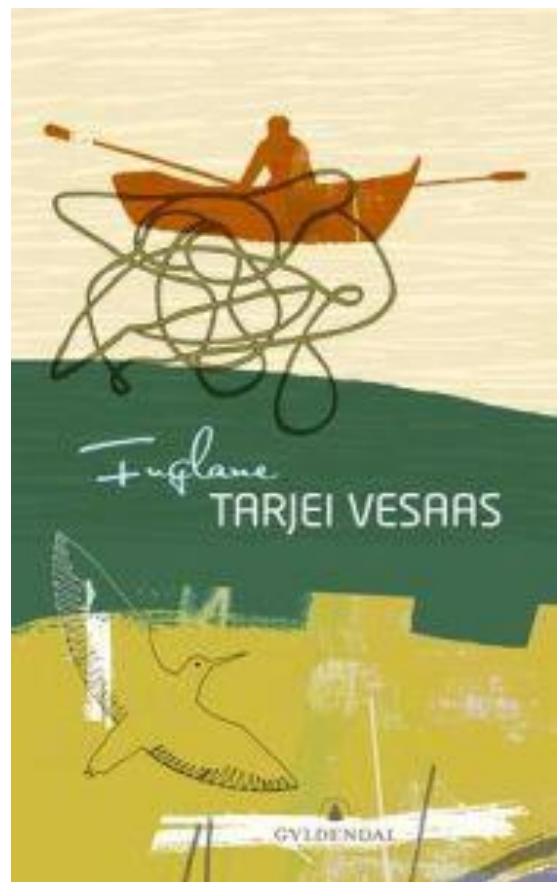
ent on his older sister Hege who assumed responsibility for his care after the death of their parents.

Hege has not had an easy life as her brother's caretaker. To support the two of them, she spends most of her waking hours knitting sweaters. She rarely leaves the house and has virtually no social life. She has just turned 40 and her hair has begun to turn gray. She realizes that she is growing old without really having lived. She tries to be kind to Mattis but he is a cause of great frustration for her.

Mattis lives in another world. His encounters with other people quite frequently end in disaster. He knows that he is different and tries very hard to understand others and to act as is expected.

One day, for example, he is standing on the road waiting for someone to pass by so he can ask a very important question. When he sees a man approaching, he rushes up to him and asks, "Well, what have you been doing today?"

The man is tired and the question irritates him. He immediately counters with "What have you been doing?" This abrupt question frightens Mattis and



***Norwegian edition of *The Birds* by
Tarjei Vesaas***

he quickly tells the man that he asked that question only "because it is the sort of thing people do." His real question is another, one that he feels is very important.

His sister tries to encourage him to look for work although she and Mattis both know that he is rarely offered a job and, if he is, it doesn't usually end well. To his surprise a farmer one morning offers him work in his turnip field, pulling up weeds. But soon after initiating the work, his mind begins to wander. He gets confused and

(Continued on page 16)

Tubfrim Contest — Win Tickets to Scandinavia, Donate Your Stamps

Thanks to all who contributed stamps in 2016. The lodge submitted 14 pounds of used stamps to TUBFRIM. Contributors included Marilyn Benson, Janice Brown, Pat DeRoche, Doris Goodlett, Janet Hoveland, Tessa McBride, Shelley Mitchell, Charlotte Olson, Keith Olson, Melanie Taylor, and four other non-local sources.

If you have used stamps from any nation or phone cards that you have been saving, please give them to Pat DeRoche, or leave them at the front hall table at Norway House. For every pound of stamps donated in 2017 you, or Washington Lodge, earns one entry in the 2017 raffle for an airline ticket to Scandinavia. Tubfrim is a charity benefitting children in Norway. You can see their activities at the website www.tubfrim.no.



(Continued from page 15)

starts pulling up turnips instead of weeds. He becomes angry at his own ineptness and takes it out on the vegetables. "The precious turnips infuriated him. They lay there puny and thread-like when he'd pulled up the things they were resting against."

Mattis, therefore, tries to avoid the stress of social interactions and the challenge of work. He prefers being on his own, feeling more at home in nature than in society. Although he fears nature at times (he is terrified of thunder and lightning), he usually finds great solace in it. He feels especially close to birds and is convinced that he can communicate with them.

He is thrilled when a woodcock begins flying over their house at night. He knows it is an omen that things will now be different. When he notices it the first night, he rushes in to awaken

Hege and insists that she come out to see the bird – at once. She refuses, not giving much weight to this new event. He is nonplussed. How can she not understand what it means?

This woodcock gives Mattis great joy. In his mind they develop a relationship. When he finds its scratches in the dirt every morning, he assumes that they are the bird's messages to him so he takes a stick and writes back. They use the same language! But their relationship comes to an abrupt and tragic end when he innocently mentions the bird to a young hunter who then kills it.

His life takes a serious turn for the worse shortly thereafter. He begins a ferry service on the nearby lake. He is able to attract, however, only one passenger, a lumberjack whom he ferries from the far shore and invites to come home with him. Unfortunately for Mattis, Hege and Jørgen fall in love. He feels

that his world is falling apart. He will be left alone and won't be able to survive on his own.

The novel rushes to a conclusion but the ending appears to be ambiguous. What really happens in the end? One must dig into Mattis' mind to try to understand what happens and why.

One intriguing aspect of this novel is that Vasaas writes it in the third person, not from the point of view of Mattis. One feels, however, that it is Mattis who is speaking throughout. The advantage of this point of view is that the reader sometimes sees what Mattis himself does not.

Vasaas creates his protagonist with great understanding and sensitivity. The prose is simple in language but profound in the insights into this man who tries hard to make sense of his universe with limited success.

Reading Circle Selections for 2017

By Member Christine Meloni

The Reading Circle meets every other month, usually on Tuesdays at Norway House, at 7:30 PM. Occasionally we meet in members' homes instead. Everyone is welcome to join one or all discussions. Even if you can't join us you may want to explore our 2017 selections.

It is important to RSVP if you plan to attend since the meeting place and schedule may change occasionally. For information and updates, contact Christine Meloni at reading@norwaydc.org or visit the web site www.norwaydc.org/reading.

The selections and dates for 2017 are:

Tuesday, February 21 – League of Youth

The League of Youth features a protagonist Stensgaard, who poses as a political idealist and gathers a new party around him, the 'League of Youth,' and aims to eliminate corruption among the "old" guard and bring his new "young" group to power. In scheming to be elected, he immerses himself in social and sexual intrigue, culminating in such complexity that, at the end of the play, his plans for election fail and he is run out of town.

In addition to reading and discussing this play, you also have the opportunity to attend a Rediscovery Reading of this play on Monday, March 6 at the Shakespeare Theatre in Washington, DC. This performance is free but reservations are required. <http://www.shakespearetheatre.org/events/rediscovery-mar-2/>

Tuesday, April 25 – Before I Burn

In 1970s Norway, an arsonist targets a small



The Shakespeare Theatre will present a Rediscovery Reading of Ibsen's play "The League of Youth" on March 6. The play is our reading selection for February.

town for one long, terrifying month. Amid the chaos, only a day before the last house is set afire, the community comes together for the christening of a young boy named Gaute Heivoll. As he grows up, stories about the time of fear and fire become deeply engrained in his young mind until, as an adult, he begins to retell the story. Based on the true account of Norway's most dramatic arson case, *Before I Burn* is a powerful, gripping breakout novel from an exceptionally talented author.

Tuesday, June 20 – Seeds on Ice

The remarkable story of the Global Seed Vault—and the valiant effort to save the past and the future of agriculture. Closer to the North Pole than to the Arctic Circle, on an island in a remote Norwegian archipelago, lies a vast global seed bank buried within a frozen mountain. At the end of a 130-meter long tunnel chiseled out of solid stone is a room filled with humanity's precious treasure, the largest and most diverse seed collection ever assembled: more than a half billion seeds containing the world's most prized crops, a safeguard against catastrophic starvation.

(Continued on page 18)

(Continued from page 17)

Tuesday, August 22 - Death of the Demon

In a foster home outside Oslo, a twelve-year-old boy is causing havoc. The institution's steely director, Agnes Vestavik, sees something chilling in Olav's eyes. When Vestavik is found murdered at her desk and with Olav nowhere to be found, the case goes to maverick investigator Hanne Wilhelmsen, newly-promoted chief inspector in the Oslo Police.

Tuesday, October 24 – Growth of the Soil

Library or Coffee Shop?

This inviting public Library of Tønsberg og Nøtterøy, Norway, has won several prizes for architectural design, sustainability, and for linking the contemporary with the past. About 60 miles southwest of Oslo, it is situated on the site of a monastery from 1180. The ruins of the monastery are now part of the library.

<https://1001libraries.wordpress.com/category/norway/>



In the story of Isak, who leaves his village to clear a homestead and raise a family amid the untilled tracts of the Norwegian back country, Knut Hamsun evokes the elemental bond between humans and the land.

Tuesday December 12 – Prose Edda

The Prose Edda is the most renowned of all works of Scandinavian literature and our most extensive source for Norse mythology. Written in Iceland a century after the close of the Viking Age, it tells ancient stories of the Norse creation epic and recounts the battles that follow as gods, giants, dwarves, and elves struggle for survival.



A lively discussion of The Birds by Tarjei Vesaas took place at the December meeting of the Lodge Reading Circle. Shown above are John Olsen, Lynn Juhl, Christine Meloni, Joel Myklebust, Julie Burnett, Tim Christenson, and Barbara Myklebust. Photo by member Linda Sponsler. Christine's review of The Birds is on page 15.

Some Viewing Options for Winter Nights

Nobel – Peace at Any Price

“Nobel – fred for enhver pris” (in Norwegian) is the latest big-budget TV series in Norway. It premiered in late September, 2016, on both webTV and Norway’s national broadcaster, NRK. Almost 750,000 Norwegians saw the first episode. Netflix is now making it available to stream in the U.S. in Norwegian with English subtitles.



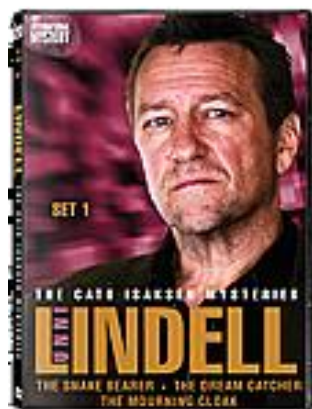
Nobel is a war drama/political thriller based on Norway’s military involvement in Afghanistan. The series stars the Norwegian actor Aksel Hennie, who starred in the award-winning Norwegian film *Max Manus*. The director, Per-Olav Sørensen, is famous for his artistic and creative productions. Sørensen also directed *The Half-brother* and *Heavy Water Wars*, both of which are also available in the U.S. through Netflix and other outlets like Amazon and MHz.



“Films of Norway” Streaming Service

The Stavanger-based media company, Films of Norway, has recently started streaming current Norwegian movies, television shows, children’s programs, and documentaries to the U.S. Starting at \$4.99 per month you can stream content to your computer, TV, tablet, etc. The service offers classic films like **Kristin Lavransdatter**, and a broad selection of contemporary shows such as **Autumn Fall**, about a lighting technician at the National Theatre in Oslo

who dreams of writing for the stage. To learn more see www.filmsofnorway.com/.



DVDs like “Unni Lindell” from MHz

MHz is having a sale on several Norwegian DVD collections, such as the series based on the popular crime novels by Norway’s Unni Lindell. MHz describes the series: “The middle-aged detective Cato Isaksen (Reidar Sørensen) performs superbly at work while his personal life, on a good day, resembles barely-managed chaos. Careening between significant others and keeping up with three young sons by two different mothers, Cato tries his best to do right by all the players.” See all the DVDs on sale here: <http://shop.mhznetworks.org/DVD-TV-from-Norway/>. Most are in Norwegian with English subtitles. MHz Worldview broadcasts Norwegian and other international content. Find it on WNVC channel 30.1, on Cox 470, Comcast 271, Fios 451 and RCN 30, and DirecTV 56.

From Lodge President Doris Goodlett

Godt nytt år!

Another new year is upon us and with it new opportunities and new challenges. It is a clean slate upon which we will write a new chapter in the life of our lodge. Let's all strive to make it the best year ever.

I am looking forward to serving as your president for another year, and working with our 2017 Executive Board. We welcome three new board members: Dave Brown - Vice-President, will be replacing Mark Whited who has resigned. Thank you, Dave, for stepping up to fill the gap. George Edwards is our new librarian, and he has already done a lot of work to get our library in ship-shape. Thank you, George. Pat Huber joins us as our Three-year Trustee. Thank you, Pat.

We still have vacancies on the board, so if "Somebody" would like to accept the challenge to serve as Youth Director, Webmaster, Publicity Director, or Historian, we would appreciate your help. Remember, "It takes a whole lodge to make a lodge successful," "Many hands make light work," and "If Somebody doesn't do the job, it won't get done."

Our youth are our future, so we need a Youth Director to plan activities for our Children who attend our lodge meetings.

The Lodge Historian will be important this year as we will be planning for our 75th Lodge Anniversary in 2018. All our lodge records are available and it would be great if someone could review them and write up a brief summary of our events and achievements through the years to present at our anniversary celebration.

A Publicity Director would be helpful to

regularly advertise our programs and events as they occur each month. A Webmaster would also be helpful to keep our website current and to advertise events. Many new members learn about us and our events from the internet and newspapers.



We are happy that we gained 32 new members this year, which is more than we lost, and more than we gained last year. Hooray! Let's keep this trend going. Everyone, please take every opportunity to recruit new members.

Again, this year, we will be awarding benchmark Membership Pins on a monthly basis. Watch our newsletter for announcements of who will receive them. See list for January recipients on page 3.

Our first 2017 board meeting will be on Tuesday, January 17 at which we will discuss our calendar of programs and events for 2017. If anyone would like to visit a board meeting you would be welcome, and anyone who would like to apprentice themselves to a board member to perhaps prepare for an officer position next year, we would welcome you.

Our first 2017 Lodge Meeting will be on Saturday, January 21st at 5:00 at Norway House. We will have our annual Pea Soup Supper, and we will have the Installation Service of our 2017 Executive Board Officers, officiated by Kathy Dollymore, Third District Vice-President. We will award Membership Pins, and also view a short film about Norway's Crown Princess Martha. Hope to see everyone there.

(Continued on page 21)

(Continued from page 20)

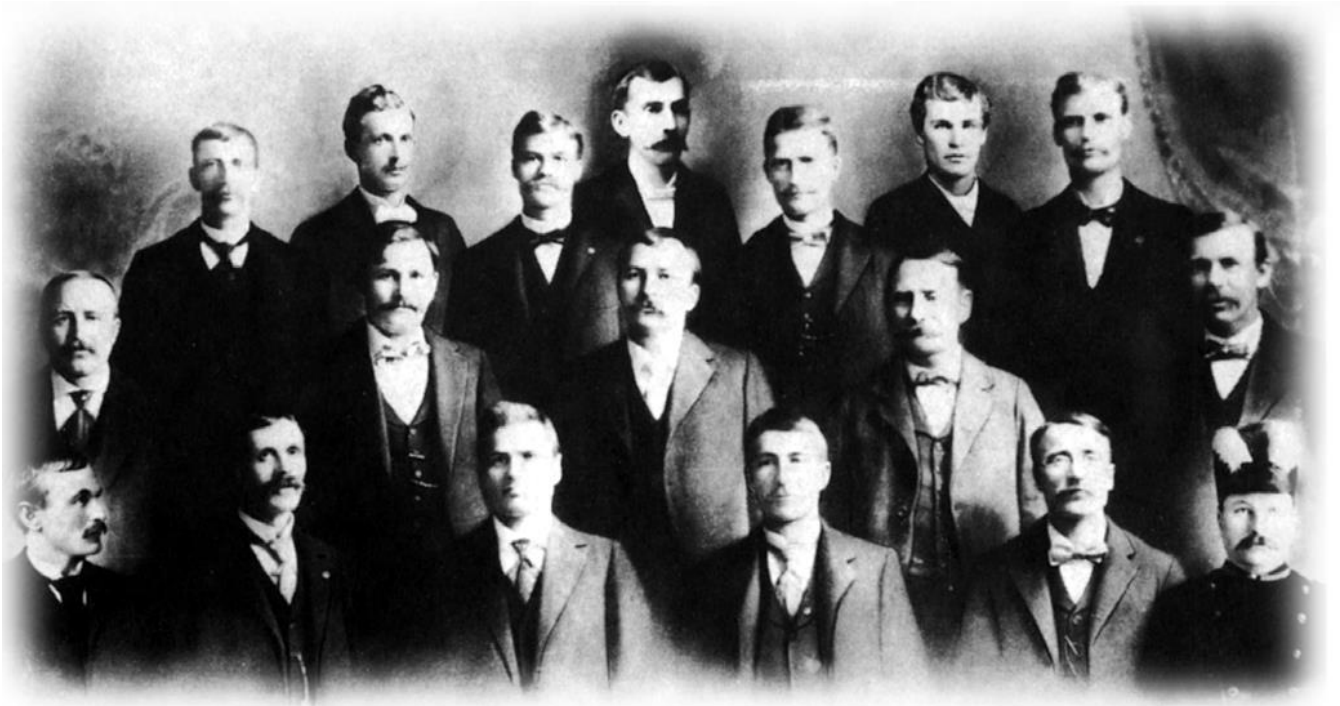
Tussen takk to our 83 volunteers who worked so hard to make our 2016 Christmas Festival a huge success. We could not have done it without you. See a list of our VIVs (Very Important Volunteers) on page 8.

It was great to see approximately 30 attendees

at our Jultrefest including several guests: Denise Miller from Hawaii, and the Rodland Family: Ole, Nancy, Keaton, and Keaton's girlfriend, Meredith, from Charlottesville, VA. It was great to meet them, and we hope they will come back again soon.

Vennlig hilsen,

Doris Goodlett



Celebrate Sons of Norway Founders' Day

January 16 marks Founders' Day – the day in 1895 when 18 Norwegian immigrants came together to establish a mutual assistance organization that has grown into the largest Norwegian cultural organization in the world.

Driven to find a solution to financial hardships that many Norwegian-American families faced due to the onset of the economic depression, the founders naturally looked to Norway for ideas. Borrowing from an assistance plan in Trondheim, where for a weekly fee families could receive “free” medical care, the founders cultivated an organization that would provide assistance in

times of financial crisis as well as celebrate the customs and traditions of Norway.

Eleven of the original 18 members were elected to serve as officers and Sons of Norway grew rapidly, incorporating in 1898. By the end of 1900 there were 12 lodges in Minnesota, and the Sons of Norway concept traveled with Norwegian immigrants across the Upper Midwest. Today, there are nearly 380 lodges with 53,000 members across the U.S., Canada and Norway.

SON Newsletter Service

Photos from the Jultrefest

Thanks to Marguerite Kause for providing the music, Tim Christenson for being "M.C.", to Susie Fosaaen for organizing the menu, and to all who contributed dishes and good cheer!



More from the Jultrefest

See all Lodge photos on www.flickr.com/photos/norwaydc/



Happy January Birthdays! Gratulerer med dagen!



Genevieve Arneson
David Brown
William (Bill)
DeRoche
Inger Dvorak
Tor Eide
Kaara Ettesvold
Tordis Briseid
Fahringer
Bonnie Fite
Gwyneth Hambley
Cheryl Hansen

Donna Haralampus
Gary Johnson
Tyler Rice Johnson
Brian Kee
Joyce Lawrence
Carolyn Lemens
Nicholas Lemens
Ruth Logue
Elwood Loh
Christopher
McCaslin
Sean McCaslin

Colin Meloni
John Olsen
Margaret Goergen
Rood
Raymond Rye II
Edwina (Queenie)
Sheldahl
Randall Swanson
Christian Tuttle
Trudy Wastweet
Brian Wold
Sandy Wold

Join Sons of Norway, Renew a Membership, Give a Membership

- ⇒ **To join as a new member** call SON headquarters in Minneapolis (800-945-8851) or sign up online here: www.norwaydc.org/membership or email database@norwaydc.org.
- ⇒ **If you need your membership number** or if your membership has lapsed call 800-945-8851 or email database@norwaydc.org.
- ⇒ **Children 15 years of age or under** whose parent or grandparent is a SON member may sign up for a free Heritage Membership. **Youth ages 16-23** who have a parent or grandparent who is a Sons of Norway member may be a free Unge Venner member.

Current Dues: Individual \$56.50 (International = \$32 + District \$14.50 + Lodge \$10), Spouse \$49.50, Youth \$23.25, Your children & grandchildren are FREE!

Norwegian Language Classes Every Wednesday at Norway House

Level 1 - Beginners: 6-7 PM

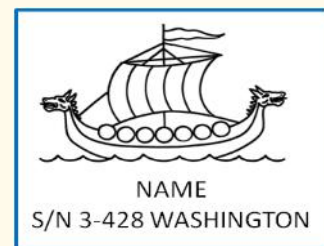
Level 2 - Intermediate 7-8 PM

Level 3 - Advanced 8-9 PM



Students can decide which level works best for them and can attend different classes to find a fit. In the first two levels, students use the book *Norsk, Nordmenn og Norge*, available from Amazon. There is also a workbook that accompanies the textbook, but is not mandatory. Classes meet at Norway House. [directions](#)

Cost is a bargain \$10 per hour to the Instructor and \$5 per evening to SoN Lodge. The Lodge provides coffee and other beverages. Contact the instructor, Nina Brambani Smith, at [lan-
guage@norwayDC.org](mailto:language@norwayDC.org) for more information.



Name Badges

Washington Lodge Name Badges are available with either a magnetic holder or with a pin on the back. Personalized badges may be ordered from Burt Koske for \$10. (Pin or Magnet). Contact Burt at any Lodge event, or email him at kobur@cox.net.

3D President's Message:**fra Presidenten, Mary B. Andersen**

To everything there is a season.....

I want to wish you all the happiest and healthiest New Year!

Each year brings changes, it is inevitable. One notable change is that beginning in 2017, the Third District Today (TDT) will be published quarterly (March, June, September and December). The look of the TDT will change too; a committee is working on that now and I am anxious to see our "new look."

Based on feedback from lodge editors, we will not have a lodge newsletter contest in 2017. Each lodge editor deserves an award! The amount of time and thought each editor puts into their newsletter shows. I love reading them.

We have had some changes in the 3D this past year, we have seen some lodge consolidations and we have seen some lodges disband. At the same time, we have seen our lodges gain new members. This is a natural process of expansion and contraction.

The 3D Board is very busy with many projects and I hope time will permit us to accomplish

them all during the 2016-2018 term.

LOV is making strides as well, the customers are coming back and weekends have been scheduled; we

are hoping for the best and will monitor the financial situation closely.

Our sports director is going to get us up and moving in a friendly walking competition; make sure your lodge sports director or President tells you about it.

I am beginning to sense and feel a great resurgence of enthusiasm in our tremendous Third District! Our great big Viking ship is moving forward!

Godt nytt år

Mary

**Sunshine Committee**

Please keep **Care Committee Chair Shelley Berg Mitchell** informed about members who are ill, undergoing surgery, recuperating, homebound for an extensive period, or just need cheering up. We will send them best wishes from the Lodge as a whole. Contact Shelley at care@norwaydc.org.

Third District News: Our Lodge is part of SON's Third District (3D), which is comprised of lodges from all East Coast states. For news about activities and programs throughout 3D check the monthly 3D newsletters here: <http://3dsofn.org/news/district-newsletter/>. On the website, select a newsletter from the list on the right side of the page.

Directions to Norway House

3846 Meredith Dr., Fairfax, VA 22030
www.norwaydc.org/directions

On weekdays, a residential parking permit is required to park on Meredith Dr. You may park in the Christ Lutheran Church parking lot (entrance directly across the street from the Norway House).



From Beltway or I-66: From the Beltway, go West on I-66. Exit I-66 onto Rt. 123 (Chain Bridge Rd.) south toward Fairfax (Exit 60). Go about a half mile. Turn right on Rt. 50 west (also Rt. 29, Lee Highway, and Fairfax Blvd.). Just after the 3rd traffic light, turn right on Meredith Dr. (between a Merchants Tire store and a Mobil gas station). Norway House is on the right.

From Rt. 50/29: Go west from the Beltway about 5.33 miles. After crossing Rt. 123 (Chain Bridge Rd.), stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Mobil gas station). Norway House is on the right.

From far western suburbs: From I-66 East, take Exit 52, Rt. 50, east, toward city of Fairfax. Go about one mile. Turn left at Fairfax Blvd., which is where Rt. 29 joins Rt. 50 (which itself angles left). Turn left after a Mobil station onto Meredith Dr. Norway House is on the right.

Metro & bus: From the Dunn Loring/Merrifield Metro station (on the Orange Line), go to Bus Bay E. Take bus 1C toward West Ox Rd. and Alliance Dr. The bus will go down Lee Highway/Fairfax Blvd. (Rt. 50/29). Get off about 30 min. later at Meredith Drive (after Warwick Ave.).

Reusing Capital Viking Content:

Except as noted, newsletter content is licensed under a Creative Commons Attribution-Share Alike 3.0 Unported License.
www.creativecommons.org/licenses/by-sa/3.0/

Lodge Leaders and Contacts

Lodge Website:

www.norwaydc.org

President: Doris Goodlett

703-278-8724 or president@norwaydc.org

Vice-President: Mark Whited

703-725-5818 or vp@norwaydc.org

Secretary: Jeffrey Jorgenson

703-503-3061 or secretary@norwaydc.org

Treasurer: Bill DeRoche

304-725-2710 or treasurer@norwaydc.org

Financial Secretary: Henry Hansen

703-815-4945 or financial@norwaydc.org

Hospitality Director: Susie Fosaaen

703-861-4071 or hospitality@norwaydc.org

Librarian/Historian: George Edwards

703-220-1681 or librarian@norwaydc.org

Cultural/Programs: Denise Bowden

programs@norwaydc.org

Newsletter Editor: Marie Hansen

703-815-3467 or editor@norwaydc.org

Webmaster: Vacant

webmaster@norwaydc.org

See the website for a full list see

www.norwaydc.org/officers/.

About Capital Viking

Capital Viking is published by Sons of Norway Lodge 3-428, eleven times per year.

Address Changes:

Did your email address, mailing address, or other information change? Please notify database manager Marie Hansen at database@norwaydc.org.

U.S. Mail:

Sons of Norway
 3846 Meredith Dr.,
 Fairfax, VA 22030

Find Us on Facebook:

<https://www.facebook.com/groups/SonsofNorwayDC>

Newsletter Deadline:

Please submit items by the 25th of the month to editor@norwaydc.org.