



SONS OF  
NORWAY

# Capital Viking

## Norwegian Holiday Festival & Bazaar

Friday, December 6, 2013 - 10:00 a.m.-7:00 p.m.

Saturday, December 7, 2013 - 9:00 a.m.-4:00 p.m.

**New location this year:** Christ Lutheran Church  
3810 Meredith Dr, Fairfax, VA (across from Norway House)  
<http://www.norwaydc.org/directions>

This is our 43rd annual event. Make sure to join us for Norwegian

Lunch in our Norwegian Cafe — our menu includes authentic Norwegian pea soup served with cheese/Norwegian flatbread, rommegrot, risengrot, open faced salmon sandwiches, lignonberry beverage, Solo, water, coffee and other soft drinks!

Items for sale include: gifts, handcrafted items, decor and accessories, Norwegian jewelry, CDs and DVDs, rosemaled ornaments and gifts

*Continued on page 2*

### Inside This Issue

Norwegian Holiday Festival.....	1
Juletreffest (Xmas Party) .....	1
Bazaar Volunteers Needed.....	3
Language Classes.....	3
Reading Circle.....	4
Nordic Feast Volunteer Thanks....	4
Julenisse.....	5
District 3 President's Message .....	6
Care Committee.....	6
District 3 VP's Message .....	7
Photos from Nordic Feast.....	8
Lodge Calendar .....	9
Other Area Events.....	9
Amundsen Film Projects .....	11
Join Sons of Norway .....	11
Clean-Up Day Photos.....	12
Julebrus .....	13
Lodge Youth Activities.....	13
Tubfrim.....	14
Recipes.....	14
Contact Info & Directions.....	15
Bazaar Flyer.....	16
Nordic Christmas Flyer.....	17
Festdrakt Class Flyer .....	18



## Juletreffest (Christmas Party)

Saturday, December 14

Coffee 4:30 p.m., Dinner 5:00-7:00 p.m.



Christ Lutheran Church (across from Norway House)  
3810 Meredith Drive, Fairfax, VA — [www.norwaydc.org/directions](http://www.norwaydc.org/directions)

Potluck meal with the lodge furnishing two turkeys. Please bring your potluck dishes by 4:45 p.m. so the meal can begin at 5:00 p.m.

Each child (up through senior in high school) will receive a bag of chocolates and popcorn. The bags are prepared ahead of time, so please contact [youth@norwaydc.org](mailto:youth@norwaydc.org) by Thursday, December 12, to let Julenisse know how many treat bags he needs to bring with him. But don't not come because you realize you didn't RSVP — Julenisse realizes things happen..

Help is needed afterward for clean-up, anyone who can stay a little while and help out will be much appreciated!



*Continued from page 1*

by Tina Keune, Nordic sweaters, hats, Tshirts, books, calendars, kitchen linens, Christmas ornaments and decor, traditional Norwegian baked goods, lefse, and Norwegian chocolate.

In addition, enjoy performances and cultural demonstrations including: musical performances, cooking and baking demonstrations (lefse, vaffler, krumkaker), and rosemaling demonstrations and rosemaled gifts by nationally acclaimed and award winning artist Tina Keune.

And, yes — we still need help with volunteers — especially since we are not in one main room this year.

**New this year:** We are now accepting Debit and Credit Cards — the first time for our Norwegian Festival, in addition to cash or checks.

## Holiday Festival Schedule

### Friday Entertainment:

- ★ Lefse Demonstration/Fresh Lefse for Sale – Kristin Stone (11:00-1:00)
- ★ Scandinavian Fiddler – Paul Carlson (12:00-2:00)
- ★ Nordic Violinist – Andrea Hoag (4:00-7:00)
- ★ Nordic Accordionist – Jo Storaker (10:00-12:00)
- ★ Scandinavian Violinist – Sonja Benson – will perform during musical interludes by our other musicians

### Saturday Entertainment:

- ★ Lefse Demonstration/Fresh Lefse – David Hofstad (11:00-1:00) and Lynn Rundhaugen/Erik Larson (1:00-3:00)
- ★ Nordic Dancers – with children joining the last 30 minutes (11:30-1:00)
- ★ Hardangersom Demonstration – Lucy Lyons Willis (12:00)
- ★ Nordic Knitting Demonstration – Lynn Rundhaugen (12:00-1:00)
- ★ Nordic Weaving – Linda Hurt (9:00-1:00)
- ★ Nordic Accordionist – Jo Storaker (9:00-11:00)



*Photo credits: Reindeer on previous page: [Luca Venturi Oslo via Creative Commons](#).  
Krumkake: [Gunnvor Karita via Creative Commons](#).*



## Bazaar Volunteers Needed — December 5, 6, 7

If you have enjoyed any Lodge activities during the last few years, as a member or non-member, please seriously consider volunteering so you can help ensure we can continue these activities in the future.

We first need help on Thursday, December 5 at the **Pre-Bazaar Baking Day** (9 a.m.-5 p.m.). Drop in any time to help bake items to be sold at the bazaar. Limited baking experience? Here's your chance to learn. Location: Christ Lutheran Church kitchen, across the street from the Lodge.

We also need help with **Bazaar Set Up** on the evening of Thursday, December 5.

For the main event: we really need people for **Bazaar Staffing** on Friday, December 6 and Saturday, December 7. Your help is needed with staffing the tables, cafe, and check-out system. The Bazaar runs from 10 a.m.-7 p.m. on Friday, and 9 a.m.-4 p.m. on Saturday — but help is also needed before and after the opening hours each day, for set-up and clean-up.

The Festival is a wonderful couple of days, with live

music, craft and cooking demonstrations, and lots of food, books, and gift items for sale. This year we'll offer a Cafe with authentic Norwegian food for on-site snacking.

Volunteers are also needed to do **Craft Demonstrations** at the bazaar — let us know if that's something you can help with.

For any of the above, commitments ranging from a couple hours to full days are welcome. On-the-job training is provided.

**If you can help with any of these activities, please email [festival@norwaydc.org](mailto:festival@norwaydc.org).**

Communication glitches: If you had previously offered to help with the bazaar but no one has contacted you yet, please get in touch with us at [festival@norwaydc.org](mailto:festival@norwaydc.org). We're so sorry if any offers have fallen through the cracks.

**Tusen takk**, and as our ancestors would say, "Mange hender gjør mindre arbeid" (Many hands make light work).

*Photo credit: [Kari Bluff via Creative Commons](#).*



### Norwegian Language & Conversation Group

The language group meets on Wednesday nights with a new Beginner class at 6 p.m., followed by Intermediate and Advanced at 7 p.m. The class moves at a slow pace so everybody can keep up, and you will have fun while learning Norwegian.

Our teacher is Nina Brambini Smith, a certified Norwegian/English teacher (she has taught for years at State Department Language School) from Oslo. If you're interested in language classes, you can contact Nina at [language@norwaydc.org](mailto:language@norwaydc.org).

## December Reading Circle Christmas Potluck



We will be meeting on **Tuesday, December 17**, to share a meal, to tell newcomers about the Reading Circle, and to discuss Linn Ullman's novel *The Blessed Child*. Linn Ullman is the daughter of actress Liv Ullman and writer and director Ingmar Bergman. The book is "a captivating story of sisterhood and of the inescapable chords of childhood memory."

Everyone is welcome — even if you haven't read the book.

The hosts are Tim and Glenda Christenson and their address is 6833 Spring Beauty Court in Springfield, VA. Plan to arrive between 6:30 and 7:00 p.m. Please note that this is earlier than the usual time.

Glenda will provide a main dish and Tim will provide drinks. Please RSVP by December 15 to let us what you will bring. Contact Tim at [tim.chris@yahoo.com](mailto:tim.chris@yahoo.com) or 703-644-4228, or Christine Meloni at [reading@norwaydc.org](http://reading@norwaydc.org).

Please note that in case of inclement weather, the event may be postponed.

The lodge reading circle meets bi-monthly for lively discussions. Meetings are held either at the Norway House or at a member's home. See

[www.norwaydc.org/reading](http://www.norwaydc.org/reading) for more information.

## Thanks to Nordic Feast Volunteers

After a year hiatus, we held a successful Nordic Feast featuring Lutefisk on November 23rd.

Thanks to all of our volunteers: especially to Kay Bondehagen, Peter Gergen and Susie Fosaaen who were at the Church from noon cooking until the end of clean-up and returning our items to the lodge.

Jinann Larson, Henry and Marie Hansen, Ardis Morton, Billie Jamison, Elizabeth Bruening, Greg Ovrebo, Burt Koske,

Greta Dahl, Inger and Sky Dreng and to all the rest who lent their hands in greeting guests, preparing the dinner and cleaning up.

Big thanks go to Karen Doty for preparing the meatballs; Pat DeRoche for her Sandbakkels and Krumkake; Ardis for her delicious Rice Pudding; and Marie for making the almond cakes.

Lessons learned, more rice pudding and plan for more than a quarter pound of Rutabaga per person.

— *Debbie Fosaaen, acting Hospitality Director*

See more pictures from the Nordic Feast on page 8.



*a little in English...***Julenisse (Norwegian Santa Claus)**

The nisse is a figure, which, according to the Scandinavian folklore lived in the outhouses of farms. They are pretty small and wear a red hat on their head. He is often described as a little man (not bigger than a horse's head), with a long beard and grey clothes, generally knickers, and a red stocking cap dressed similarly to the farmers from the old days.

Up until the 1800's it was not uncommon that people truly believed the nisse existed, therefore the nisse was taken into account during daily life on the farm. He could be useful on the farm by tending animals, especially after he received good food and drink on Christmas Eve. But he could also be moody and unpredictable by carrying out mischief and damage to people and animals if not treated well.

The Christmas Nisse wants the farmers to be pleased with them, in return for their work they require Christmas porridge. Thus, for example, several places continue to not only place porridge out for the nisse on Christmas Eve night, but to also let the remains of Christmas dinner sit out overnight on the table so the nisse can help himself.

One must not forget to leave out their porridge, because something can always go wrong on the farm as a payback. Some believed that the nisse had supernatural powers. If the nisse turned his hat inside out, so the grey was showing, he became invisible!

Stories, Christmas cards and more dating back to the 1800's have helped spread the idea of the nisse within Norway and more recently have linked the figure directly to Christmas.

*litt på norsk...***Julenissen**

Nissen er en skikkelse som ifølge skandinavisk folketro særlig holdt til i uthusene på en bondegård. De er ganske små og har på en rød toppplue. Han er ofte beskrevet som en liten mann, «ikke større enn et hestehode», med langt skjegg og i grå klær, gjerne nikkers, og med rød nisselue slik de fleste bønder gikk kleddt i gamle dager.

Opp til 1800-tallet var det ikke uvanlig at man virkelig trodde nisser eksisterte og man tok derfor hensyn til nissen i dagliglivet på gården. Han kunne være til nytte på gården, for eksempel ved å stelle dyra, særlig hvis han fikk god mat og drikke på julekvelden. Men han var også lunefull og uberegnelig og kunne utføre pek og ugagn og skade folk og dyr hvis han ikke ble behandlet godt.

Julenisser vil at husbonden skal være fornøyd med dem, og de krever bare julegrøt for arbeidet.

Således var det for eksempel flere steder skikk ikke bare å sette ut grøt til nissen julenatta, men også å la restene av julematen stå framme på bordet natta over for at nissen skulle forsyne seg.

Men til gjengjeld må man ikke glemme å sette ut grøten, for da kan alt gå galt på gården. Noen trodde at nissen hadde overnaturlige evner. Hvis nissen vrent lua, så det grå var ut, ble han usynlig!

Fortellinger, julekort og annet fra slutten av 1800-tallet har vært med på å spre forestillingen om nissen i Norge og i nyere tid knyttet figuren til jul.

*Courtesy of Sons of Norway Newsletter Service*



## District 3 President's Message

### Fra Presidenten, Gail Ekloff

The year is drawing to a close and much has occurred in the third District.

Due to no firm commitment to weekends, Land of Vikings will be closed for the winter.

At the last board meeting when this decision was made we looked upon it as an opportunity for the entire 3rd district to reflect on the future of LOV. I am requesting that all lodges take part of their January and February meeting to discuss and give us input on what would motivate you to travel and support LAND OF THE VIKINGS? Please include information regarding this issue in your lodge newsletter and give everyone in your lodge the opportunity to participate in this discussion.

Consider; Would you use LOV if we made it a real cultural center offering classes in rosemaling, tatting, hardanger, knitting, making bunads or daily dress costumes? Would you come if we had Scandinavian Art exhibits, speakers on Norway today or of the history of Norway? Could we use the facility for lodge member's children to

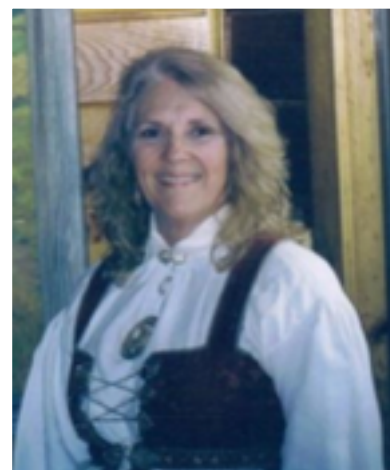
have soccer games against other lodges or within the zones? How about nature events, canoeing, weekends hunting, fishing, orienteering, mountain biking Norwegian cooking or genealogy?

Please also consider if the administration of LOV should be changed from a LOV board to an administrative group (not necessarily SON members) still accountable to the 3DLTD?

### Call to Action!

**During your January meeting** set aside time to discuss what we would need to change for our members to utilize Land of Vikings and how we should proceed. After the January discussions take another month to think about your fellow members input.

**In February** please record your ideas and take a straw poll on how we should proceed with LOV. Keep account of both the "yay's" and the "nay's" and forward them to your zone director by March 1st so we will have this information for the spring board meeting.



We, as a board, have been researching this matter and will present more information after the spring board meeting at the convention in June 2014.

Thanking you all in advance for your time and input on this important issue!

Hope the holidays bring joy and time to share with friends and family.

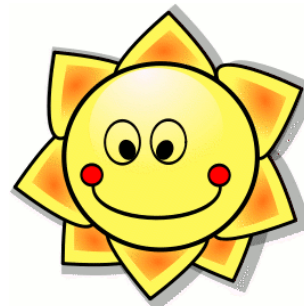
Fraternally,  
Gail

*A decision was made at the last board meeting, to help new officers understand what SoN requires of you doing your term. A copy of your duties will be given to each officer. Upon being installed, use it as a guide for your term.*

## Spread a Little Sunshine

Please keep our **Care Committee Chair, Debbie Fosaaen**, informed about members who are ill, undergoing surgery, recuperating, or homebound for an extensive period. We will send them best wishes from the lodge as a whole.

Our members care about each other and like to reach out to their friends who may need a little sunshine in their lives. Contact Debbie at [care@norwaydc.org](mailto:care@norwaydc.org).



## District 3 Vice President's Message

### Mary Andersen, VP Voice

*I heard the bells on Christmas day  
Their old familiar carols play,  
And wild and sweet the words repeat  
Of peace on earth, good will to men.*

— Henry Wadsworth Longfellow

Christmas is coming and I love Christmas music. Just thinking about Christmas makes me want to take out my Christmas albums! (Did you know that Longfellow's poem was written not long after the Battle of Gettysburg and set to music by John Calkin? Who would have thought it would become a favorite Christmas carol.)

So, I began thinking about the song from the Sound of Music that is often played during the holidays — A few of my favorite things — and thought I would give it a shot, not singing, you really don't want to hear me sing.

#### ***Sons of Norway – a few of my favorite things***

*Krumkake and lingonberries  
Both make me merry*

*My stomach is getting bigger  
It is beginning to shake like a bowlful of jelly*

*Women in their bunads  
Men showing off their gams  
All dancing around the tree like perfect little lambs*

*The laughter and songs are really neat  
The fraternalism and friendship just can't be beat.*

Now you know why I am neither a poet nor a songwriter!

I especially look forward to Sons of Norway events during the holiday season. I love going to the bazaars/fests and seeing all the beautiful



handcrafted items made by our very talented fraternal brothers and sisters. I love seeing the happiness and joyfulness at our Juletreffs.

Wouldn't it be great if we could bottle it and open it periodically throughout the year!

What we can do is share it; think about giving a Sons of Norway membership as a Christmas present this year. Let other people know how great it is to be part of this organization. Perhaps you can rekindle friendships and strengthen family ties by giving the gift of membership. Think about it.

God Jul og Godt nyttår

All the best,  
Mary

PS. I am very pleased to announce that the Third District has a Facebook page! Thanks to the hard work of Deb McConaghy of Norsk Carolina lodge.

Please "like" us and come back and visit often.  
[www.facebook.com/TheThirdDistrictoftheSonsOfNorway](http://www.facebook.com/TheThirdDistrictoftheSonsOfNorway)







## Photos from the Nordic Feast & Lutefisk Dinner



The Nordic Feast & Lutefisk Dinner was again a success with over 45 people attending. Much renewing of old acquaintances was apparent and everyone agreed they had too much to eat. See page 4 for a shout-out to volunteers.



## Lodge Calendar

### Lodge Board Meeting

Sunday, December 1, 6:00 p.m.  
Norway House

### Annual Norwegian Festival & Bazaar

Friday, December 6, 10:00 a.m.-7:00 p.m. &  
Saturday, December 7, 9:00 a.m.-4:00 p.m.  
Christ Lutheran Church  
[www.norwaydc.org/events/bazaar](http://www.norwaydc.org/events/bazaar)  
See page 1 for details, and 16 for flyer

### Juletreffest (Holiday Party)

Saturday, December 14, dinner 5:00 p.m.  
at Christ Lutheran Church  
See page 1 for details

### December Reading Circle

Tuesday, December 17, at 7:00 p.m.  
at a member's home in Springfield, VA  
[www.norwaydc.org/reading](http://www.norwaydc.org/reading)  
See page 4 for details.

### Festdrakt Class

Saturday/Sunday, March 22-23, 9:00 a.m.-4:00 p.m.  
at Norway House  
See page 18 for flyer.

### Sons of Norway 3rd District Convention

June 11-15, 2014 in Albany, NY - save the date  
[www.3dsofn.org/convention/](http://www.3dsofn.org/convention/)

### Norw. Language & Conversation Group

Every Wednesday, 7:00-9:00 p.m. at Norway House  
Beginner and Intermediate/Advanced classes.  
[www.norwaydc.org/language](http://www.norwaydc.org/language)  
See page 3 for details.

## Other Area Events of Interest

### Union Station Christmas Tree Lighting

Tuesday, December 3, 6:00-7:30 p.m.  
Union Station, West Carriage Porch  
50 Massachusetts Ave NE, Washington, DC  
Each year, the Royal Norwegian Embassy gives a Christmas tree to the people of Washington, D.C. as a symbol of friendship between the United States and Norway. This year, the tree is specially decorated

to mark the 150th anniversary of famous Norwegian artist Edward Munch. Members of the New York Opera Society will be performing, The Carols of Greater Washington will sing Christmas carols, and the tree will be lit by Lt. Gen. Christopher C. Bogdan of the U.S. Air Force. The Embassy has confirmed that Santa Claus will be on hand with gifts for the children, and there will be gløgg and cookies for the rest of the audience as well. [www.norway.org/News\\_and\\_events/Christmas-2013/Christmas-Tree-Lighting-at-Union-Station/](http://www.norway.org/News_and_events/Christmas-2013/Christmas-Tree-Lighting-at-Union-Station/)

### SWEA Swedish Christmas Bazaar

Saturday, December 7, 11:00 a.m.-5:00 p.m.  
House of Sweden, 2900 K St NW, Washington, DC  
Hosted by SWEA Washington DC and supported by the Embassy of Sweden and House of Sweden. Lucia procession performing traditional Swedish Holiday songs at 5 p.m. Swedish crystal, textiles, artwork, food and much more on sale. Raffle with amazing prizes. Swedish café with home baked goods and traditional Swedish delicacies. Children's activity room with Swedish crafts. For more information, contact Suzanne at 202-546-7266 or [sweapr@gmail.com](mailto:sweapr@gmail.com), or visit [www.swea.org/washingtondc](http://www.swea.org/washingtondc)

### Norwegian Church Service

Sunday, December 8, at 3:00 p.m.  
Emmanuel Lutheran Church  
7730 Bradley Blvd., Bethesda, Maryland  
Service is conducted in Norwegian by Pastor Ellen Marie Skillingstad and supported by the Norwegian Church Choir. "Kirkekaffe" (coffee and fellowship hour) after the service. The service will be followed by a Juletreffest for the children. All are welcome. For more information, contact Lasse Syversen at 301-641-7908 or [lasse@flagship.com](mailto:lasse@flagship.com).

### Drott Lodge Swedish Lucia & Mini-bazaar

Sunday, December 8, at 2:00 p.m.  
St James Church, 11815 Seven Locks Rd, Potomac MD. For more information, contact Carol Whitley at 202-686-6214 or [carol4600@verizon.net](mailto:carol4600@verizon.net).

### ASA Scandinavian Christmas Festival

Saturday, December 14, 5:00-9:00 p.m.  
St. James Episcopal Church  
11850 Seven Locks Road, Potomac, MD  
St. Lucia Pageant at 5:00 p.m., Bazaar Sales Begin at

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5:30 p.m. with Coffee, Glögg, Cake & Cookies. A Visit by Santa, Dancing Around the Christmas Tree, Christmas Carols Sing-a-long, Grand Raffle Drawing. Nordic Dancers at 6:45 p.m. Concert by the Spelmanslaget fiddlers from 7:15-8:00 p.m. Admission \$7 adult, \$3 children, \$20 max per family. For more information, contact Gerry Schueman at 703-734-0319 or [gerry@schueman.com](mailto:gerry@schueman.com).

### **Norwegian Dance & Potluck**

Saturday, December 14, potluck 6:30 p.m., dancing 8:00 9512 St. Andrews Way, Silver Spring, MD 20901 Norwegian-style house party. Mesmerizing live music by foremost-in-US Loretta Kelley on the unique Hardanger fiddle (w/sympathetic strings under the bowed strings--see [HFAA.org](http://HFAA.org)). Addictive dances, some with elements like Swing or Hambo. Beginners, singles/couples, watchers/listeners all welcome. Bring clean shoes to wear, food to share, and \$\$ you can spare. Hosts Phyllis & Steve's phone just in case: 301-585-5806. Info/directions: <http://MAND.fanitull.org> or contact Jenny at [pi@xecu.net](mailto:pi@xecu.net) or 301-371-4312.

### **Scandia DC 3rd Sat. Dance (Holiday Party)**

Saturday, December 14, 7:00-10:00 p.m. Greenbelt Community Center, 15 Crescent Dr., Greenbelt, Maryland (dance studio on lower level) No teaching this month. Open dancing from 7-10 p.m. Cost of the Dance Party, \$7 payable at the door. Featured Fiddlers: Göran Olsson and Loretta Kelley (leading the Spelmannslag). For more information or directions, visit [www.scandiadc.org](http://www.scandiadc.org) or contact Linda Brooks & Ross Schipper at [linda@scandiadc.org](mailto:linda@scandiadc.org) or 202-333-2826.

### **"Supersize Girl" & "Max and Moritz"**

Sunday, December 15, 6:30-8:00 p.m. National Gallery of Art, East Auditorium 6th Street & Constitution Ave NW, Washington, DC To counter the negative media assault against healthy adolescent girls' body image and self esteem, the Royal Norwegian Embassy and the New York Opera Society proudly present a new, 45-minute comedic opera from renowned Norwegian composer Gisle Kverndokk and librettist Oystein Wiik about girls' body image called "Supersize Girl." This new commission will be paired with a reprisal of NYOS' highly successful original production of Kverndokk's and Wiik's "Max and Moritz," a "cartoon opera in seven pranks." More information: [www.norway.org/News\\_and\\_events/Embassy/DC-Max--Moritz--Supersize-Girl/](http://www.norway.org/News_and_events/Embassy/DC-Max--Moritz--Supersize-Girl/)



### **Sixth Annual Nordic Christmas**

Tuesday, Dec. 24, at 2:30 p.m. Augustana Lutheran Church 2100 New Hampshire Ave NW & V St NW Service is in Norwegian, Swedish, Finnish and English. See flyer on page 17 for more details.

### **Nordic Dancers of Washington, D.C.**

Most Wednesdays at 7:30 p.m., through June (no meetings the weeks of Christmas and New Year's Day) Highland View Elementary School, Silver Spring, MD Come and learn traditional folk dances of Denmark, Finland, Iceland, Norway, and Sweden. Newcomers are welcome; no prior dance experience is necessary. For more information, contact Chris Kalke at [ckalke@verizon.net](mailto:ckalke@verizon.net) or 301-864-1596 or visit <http://sites.google.com/site/nordicdancersdc/>

*Photo of Union Station Christmas tree in 2009, credit: [Mr. Tin DC via Creative Commons](#).*



## Variety of Amundsen Film Projects Underway

Roald Amundsen will soon be joining fellow storied Norwegian heroes Thor Heyerdal and Max Manus in becoming immortalized in film. One of the world's greatest polar explorers, Amundsen will be the subject of several different film projects currently underway in Norway and Hollywood.

Known for beating rival British explorer Robert Scott to the South Pole in 1911, Amundsen's story is abundant with drama and excitement, a desirable combination to filmmakers. In an interview with NRK, Geir Kamsvåg, editor of film magazine, *Cinema*, explains, "There is always a need for heroes, and if one is looking for Norwegian heroes, there are a few who are known internationally. So Amundsen is someone they can do something with. There's been a huge international

success with Thor Heyerdahl, and it's clear that Amundsen is also interesting."

Among those inspired by Amundsen's successful expedition are Hollywood A-listers Ben Affleck



and Matt Damon as well as Oscar-nominated directing duo Joachim Rønning and Espen Sandberg of "Kon-Tiki" and "Max Manus" fame. Planning for Affleck and

Damon's film, "The Race to the South Pole," is in the preliminary stages and Casey Affleck, Ben's brother, will be cast as ill-fated British explorer Robert Scott. Rønning and Sandberg's film is slated to cover the life of Amundsen, both highlighting his achievements and his personal relationships. Their production company, Motion Blur, is among three Norwegian studios facing competition in the Norwegian market to produce and fund their prospective Amundsen films. Among them are, Friland Film, producers of the thriller "Headhunters," and Norwegian Oscar-winning animation company, Mikrofilm, which is set to produce an animated film about the explorer.

*Courtesy of Sons of Norway Newsletter Service*

### Join Sons of Norway or Give a Gift Membership

Current Dues: Individual \$52.50

(International \$34.00 + District \$8.50 + Lodge \$10.00)

Spouse \$ 45.50, Youth: \$21.25, your children & grandchildren: FREE!

Children 15 years of age or under who have a parent or grandparent who is a Sons of Norway member may sign up for a free Heritage Membership. Youth ages 16 through 23 who have a parent or grandparent who is a Sons of Norway member may be a free Unge Venner member.

For more information or to sign up online visit [www.norwaydc.org/membership](http://www.norwaydc.org/membership).  
If you don't have internet access, call 800-945-8851.



## Norway House Clean-Up Day: A Success!

Although there was a limited turn-out for the Norway house clean-up day Nov. 16, it was still a success. Many tasks were done and others were postponed for the spring.

In addition to the inside cleaning, The front bushes were trimmed, the walkway was power washed and the front railing was scrubbed. Also, the new patio drainage channel filters were removed, cleaned and reinstalled.

Special thanks should be given to Mar-



ilyn Holbeck who vigorously attacked the invasive vines that were attempting to engulf our shed and the surrounding area. It was suspected the Norwegian phrases she was using when accomplishing that difficult task were not learned in the Wednesday evening Norwegian Language classes.

- Henry Hansen





## Julebrus, a Norwegian Christmas Tradition

A Norwegian Christmas without *julebrus* (Christmas soda) is like a birthday party without cake. A seasonal favorite of Norwegian children (as well as many adults), julebrus comes in hues of red, brown, yellow-orange and even black. It is a sweet and fizzy drink that is bottled and labeled with festive Christmas patterns and pictures. The seasonal drink is often flavored with lots of sugar, vanilla, ginger, caramel, a variety of berry, citrus or pear flavoring.

It's a staple, which for many across Norway stimulates the *julestemning* (Christmas feeling) intended for the holiday season ahead. As cooler weather approaches and leaves begin to fall, julebrus begins its seasonal distribution, all while decorations begin to take their places in stores, homes, schools and city centers. There is a rush of holiday spirit around Norway as businesses close down and families prepare to gather for their *julaften* (Christmas Eve) dinners.

Joining them on their julebord (Christmas table) is the traditional bottle of julebrus, next to a traditional shot of after dinner aquavit (for the adults). Each member of the family has their favorite flavor, color, taste or brand, but sometimes it's left up to a matter of loyalty, and where you're from determines that. For example, the reigning champs in the annual Julebrus taste test contest come from the Hamar and Lillehammer area. The Hamar and Lillehammer Julebrus brand is a product of Ringnes Brewery and has been voted the best based on varying criteria.

Around 25 tasty, and some not so tasty Christmas sodas are widely distributed across Norway. But these are not the only thing prompting holiday spirit in the stores as grocery stores fill with festive products and holiday spirit: apples are stamped with "*god jul*," small *nisser* are printed on milk cartons and Christmas calendars filled with chocolate are for sale in every checkout line.

### Taste Test Winner

Here is latest winner of the 2012 julebrus blind taste test done in one of Oslo's busy shopping malls. Read about the runners up (in Norwegian only) by visiting [www.osloby.no/oslosbeste/Julebrustesten-Sott-sol-og-Sanasol-7050410.html](http://www.osloby.no/oslosbeste/Julebrustesten-Sott-sol-og-Sanasol-7050410.html)



### Hamar and Lillehammer Julebrus

**Score:** 6/6

**Price:** 12,50 kroner = \$2.10

**Positives:** Strong Christmas feeling, Natural taste of caramel and ginger, nice color, great fizzy taste.

**Negatives:** It could have been a touch less sweet.

*Courtesy of Sons of Norway Newsletter Service. Photo credit: [Chell Hill via Creative Commons](#)*

### Attention Parents: Lodge Youth Activities

Our upcoming monthly lodge meetings will include youth activities, thanks to our new Youth Director this year, Annemarie McCaslin. Parents, please RSVP before each meeting to [youth@norwaydc.org](mailto:youth@norwaydc.org) with your children's names and ages so that activities can be appropriately tailored.

## Tubfrim

The lodge is submitting a couple pounds worth of non-specific stamps — i.e., the entry will be in the name of “Washington Lodge” — because they were donated by a person who is not a lodge member.

If you have a few ounces saved why not donate them in Decem-

ber to be added to the non-specific stamps. Then you would be eligible to be part of the in-lodge



drawing for the prize IF one of the lodge's non-specific entries is selected.

Just cut or tear the stamps off the envelopes, leaving a slight margin (approx. 1/4 inch) to keep the perforation intact.

For more information, please email Pat DeRoche at [wderoche@frontierNet.net](mailto:wderoche@frontierNet.net).

## Hot Apple Grog

### with Blackcurrant, Honey and Cinnamon

*Adapted from [www.newscancook.com](http://www.newscancook.com)*

*Serves 5*

- 1 quart (1 liter) apple juice
- 1 cinnamon stick
- ¼ lb. (100 g) blackcurrants
- 2 tbsp. honey

Boil all ingredients. Sieve and serve.

## Lemon Wafers

*The Great Scandinavian Baking Book*

*by Beatrice Ojakangas*

*Makes 5 dozen cookies*

"White on white" foods are common in Scandinavia, and these cookies are an example. They should not be browned or they will lose their delicate flavor. The lemon icing has no color either, but the taste is novel.

### Cookies

- ½ cup unsalted butter, room temperature
- 1 cup sugar
- 4 eggs
- 2 ¼ cups all-purpose flour
- 2 tsp. lemon extract

Cover baking sheets with parchment paper

or lightly grease them. Preheat oven to 350°F. Cream the butter and sugar. Add the eggs and beat until well mixed. Add the flour and beat until mixture is light. Blend in the lemon extract.

Drop by rounded teaspoonfuls onto the prepared baking sheets, about 2 inches apart. Bake 6 to 8 minutes until cookies feel firm and are just lightly browned around the edges.

### Glaze

- 1 cup powdered sugar
- 1 tbsp. fresh lemon juice

Mix 1 cup powdered sugar 1 tablespoon fresh lemon juice and enough water to make a thin glaze. Drop a half-teaspoonful of the lemon glaze on each hot cookie.

*Courtesy of Sons of Norway Newsletter Service. Photo credit: [Nomadic Lass via Creative Commons](#).*





## Directions to Norway House

### 3846 Meredith Dr., Fairfax, VA 22030

**\*\* Please park in the Christ Lutheran Church parking lot (entrance directly across the street from the Norway House). On weekdays, you can't park on Meredith Drive without a permit.**

**From Beltway or I-66:** Go west from Beltway on 66. Take Exit 60, Rt. 123 (Chain Bridge Rd.) south toward Fairfax. Proceed about a half mile. Turn right on Rt. 50 west (also Rt. 29, Lee Highway, and Fairfax Blvd.).



Stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Texaco gas station). Turn left immediately behind the gas station into the church parking lot.

**From Rt. 50/29:** Go west from the Beltway about 5.33 miles. After crossing Rt. 123 (Chain Bridge Rd.), stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Texaco gas station). Turn left immediately behind the gas station into the church parking lot.

**From far western suburbs:** From I-66 East, take Exit 52, Rt. 50, east, toward city of Fairfax. Proceed about one mile. Turn left at Fairfax Blvd., which is where Rt. 29 joins Rt. 50 (which itself angles left). Turn left after a Texaco station onto Meredith Dr. Turn left immediately behind the gas station into the church parking lot.

**Metro & bus:** From Ballston Metro station (on the Orange Line), take either the iC or iZ bus toward Inova Fairfax Hospital. The bus will go down Lee Highway/Fairfax Blvd. (Rt. 50/29). Get off about 40 min. later at Meredith Drive (after Warwick Ave.).

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## About Capital Viking

Capital Viking is published by Sons of Norway - Lodge 3-888, ten times per year

### Address Changes

Did your email address, mailing address, or other information change? Please notify database manager Marie Hansen at [database@norwaydc.org](mailto:database@norwaydc.org).

### Contact Us

Sons of Norway  
3846 Meredith Dr., Fairfax, VA 22030

### Lodge Website

[www.norwaydc.org](http://www.norwaydc.org)

### Find Us on Facebook

[www.facebook.com/groups/123693707650322/](https://www.facebook.com/groups/123693707650322/)

### Newsletter Deadline

Please submit items by the 25th of the month to [editor@norwaydc.org](mailto:editor@norwaydc.org).

## 2013 Acting Lodge Leaders

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703-573-5943 or [president@norwaydc.org](mailto:president@norwaydc.org)

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**Secretary:** Pat DeRoche

301-537-8309 or [secretary@norwaydc.org](mailto:secretary@norwaydc.org)

**Treasurer:** Bill DeRoche

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**Financial Secretary:** Denise Bowden

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**Webmaster:** Peter Churchyard

301-854-4950 or [webmaster@norwaydc.org](mailto:webmaster@norwaydc.org)

Please see the website for a full list of officers and committee chairs:

[www.norwaydc.org/officers/](http://www.norwaydc.org/officers/).



# Norwegian Holiday Festival & Bazaar



Join us for our 43rd annual event.

Friday, December 6th, 10:00 a.m. - 7:00 p.m.

Saturday, December 7th, 9:00 a.m. - 4:00 p.m.

**New location:** Christ Lutheran Church, 3810 Meredith Dr., Fairfax, VA  
(turn north on Meredith from Rt. 50/29 Fairfax Blvd.)

**Make sure to join us for Norwegian Lunch!**

## Items for Sale

- Unique Gifts
- Handcrafted Items
- Norwegian Jewelry
- CDs and DVDs
- Cooking Appliances
- Rosemaled Ornaments and Gifts by Tina Keune
- Hats, T-shirts, Clothing
- Nordic Sweaters and Knitwear
- Books, Cards, and Calendars
- Tablecloths and Kitchen Linens
- Christmas Ornaments and Decor
- Porcelain, Pewter and Glass Decor and Accessories
- Baked Goods, Lefse, and Norwegian Chocolate
- Vintage & Unique "Scandinavi-ana"



## Cultural Activities

- Try authentic Norwegian foods (Rømmegrøt, rice pudding, pea soup served with Norwegian crackers & cheese)
- Meet the Lundehunds (World's Cutest Dogs)
- Baking Demonstrations (Waffles, Krumkake and Lefse)
- Fiddle Players
- Rosemaling Demonstration
- Norwegian culture and heritage information
- Strolling Accordionist

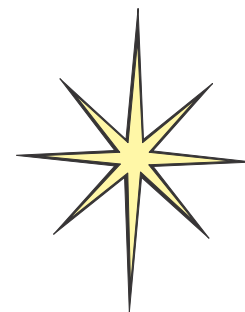


**Sponsored by Sons of Norway - Washington Lodge**

Admission is free. For more information, email [festival@norwaydc.org](mailto:festival@norwaydc.org) or visit [www.norwaydc.org](http://www.norwaydc.org).



The Swedish Lutheran Church of Washington DC  
The Norwegian Church Service in Washington DC  
The Finnish Lutheran Church Washington DC  
The Danish Church in Washington DC  
The Icelandic Church Abroad



Invite you to join with us to

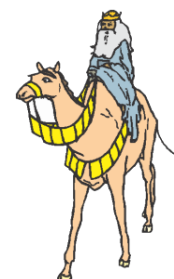
## Celebrate a Nordic Christmas 6th annual!

**Tuesday, December 24, 2013 at 2:30 pm  
in Augustana Lutheran Church  
2100 New Hampshire Ave NW and V St NW**

- ✦ The Sunday school children will light the Advent wreath.
- ✦ We will hear the familiar texts from Isaiah and St Luke.
- ✦ We will sing lots of hymns and carols, sometimes in Swedish, Norwegian, Finnish, Icelandic, and Danish!
- ✦ Musicians, both singers and instrumentalists, from the local Nordic community will enhance the service with their talents.
- ✦ **Swedish Church:** Anneli Sexton 703.321.2833, [annelisexton@cox.net](mailto:annelisexton@cox.net)  
**Norwegian Church:** Lasse Syversen, 301.641.7908, [lasse@flagship.com](mailto:lasse@flagship.com)  
**Danish Church:** Eigil Madsen, 301.770.0958, [vmadsen@juno.com](mailto:vmadsen@juno.com)  
**Icelandic Church:** Anna Bjarnadóttir Wahoske, 325.370.3324, [ted\\_anna@hotmail.com](mailto:ted_anna@hotmail.com)  
**Finnish Church:** Raili Niskanen-Maultsby 703.823.8664, [raili.niskanen-maultsby@finnchurch.org](mailto:raili.niskanen-maultsby@finnchurch.org)



## COME AND ENJOY!



**Metro:** Green Line to Cardoza.

**Parking:** V St, Vermont Ave, Florida Ave, and 16<sup>th</sup> St

**PARKING (free, covered)** is also available in the Frank D. Reeves  
Municipal Center (DC Gov) on U St NW midway between 14th and 15th Sts

**Collect to benefit Martha's Table and Augustana Church**  
*(Please make checks to Swedish Church)*





# Festdrakt Class

***Sponsored by the Washington Lodge  
Saturday March 22 & Sunday March 23***

***9:00 AM to 4:00 PM***

***at Norway House Fairfax, Va***

- Sew a Festdrakt for you or your child/grandchild***
  - Sew a Bunad blouse***
  - Alter a bunad or drakt***
- Easy instruction (Fabric & supplies available in class)***
  - \$ 35.00/day plus cost of supplies***

***Class taught by Deb McConaghy***

***Sign up today space limited...contact the Washington Lodge at  
[programs@norwaydc.org](mailto:programs@norwaydc.org)***

***NOW IS THE TIME TO HAVE THE COSTUME YOU HAVE ALWAYS WANTED !!!***