



SONS OF  
NORWAY

# Capital Viking

## July Lodge Picnic

**Saturday, July 21**

**Dinner at 5:00 p.m.**

At the **Norway House**,  
3846 Meredith Dr., Fairfax, VA  
Directions: [www.norwaydc.org/directions](http://www.norwaydc.org/directions)

Dinner will start at 5:00pm but come early and stay late. Norway House will be open from 3:00-8:00 p.m. for your enjoyment. The picnic will be held rain or shine. If the weather is nice, bring your own lawn chair to sit outside.

The lodge will provide the entrée for the picnics. **Please bring a salad, side dish or dessert to share.**

A Volunteer or two for grilling duty is greatly appreciated. Contact Debbie at [hospitality@norwaydc.org](mailto:hospitality@norwaydc.org) to volunteer or for more information.

Mark your calendar for this summer's second lodge picnic on Saturday, August 18.



*This is not what the lodge picnic will be like. **Pictured:** Picnic at Saint-Alban du Rhône, France, 1900. Photographed by Gabriel Veyre.*



**Pictured:** *The Picnic, circa 1900. George Goodwin Kilburne.*

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## The Roots Project: Focus on Eastern Norway and Western Norway

Three members of the lodge's Genealogy Interest Group are working on the second phase of the Roots Project. The current focus is on our ancestors who came from the regions of Eastern Norway and Western Norway.

If you have ancestors who emigrated from one or more of the counties in Eastern Norway (Østlandet) and want your ancestors honored in this project, contact the appropriate GIG editor:

- Marvin Reed ([reemar4@verizon.net](mailto:reemar4@verizon.net)) – Akershus, Østfold, Vestfold
- Burt Koske ([kobur@cox.net](mailto:kobur@cox.net)) – Hedmark, Telemark
- Christine Meloni ([cfmeloni@hotmail.com](mailto:cfmeloni@hotmail.com)) – Oppland, Buskerud, Oslo

If you have any ancestors who came from Western Norway (Møre og Romsdal, Sogn og Fjordane, Hordaland, or Rogaland) and would like to contribute to the Roots Project, contact Christine Meloni at [cfmeloni@hotmail.com](mailto:cfmeloni@hotmail.com).

If you yourself emigrated from one of these regions in Norway, contact Christine Meloni. We want to include you, too!

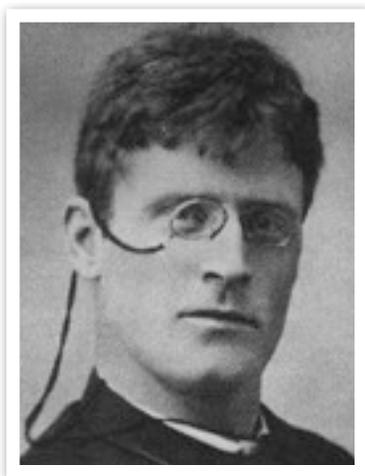


**Pictured:** Bakka in Nærøysfjorden, between Flåm and Gudvangen, in the Sognefjord. Credit: Yorian via Creative Commons.

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## July Reading Circle:

# Knut Hamsun, Nobel Prize for Literature



**Pictured:** Knut Hamsun in 1890 (age 31), the year *Hunger* was published.

The lodge's Reading Circle will be meeting to discuss *Hunger* (*Sult*) by Norway's great author, Knut Hamsun, at 7:00 p.m. Tuesday evening, July 24. Everyone is invited to attend. We will be meeting at the home of Tim Christenson in Springfield, VA. A potluck will precede the discussion.

If you plan to attend, please RSVP and get the address by emailing [reading@norwaydc.org](mailto:reading@norwaydc.org) or by calling Tim at 703-644-4228.

*Hunger* is the story of an unemployed writer who is struggling to survive and is always on the brink of destruction.

The novel is written in the first person and is considered one of the first examples of psychological literature. More than anything else, the writer suffers from hunger and the reader can feel the pain of one who has nothing to eat but who tries valiantly to maintain his pride and dignity.

Visit [www.norwaydc.org/reading](http://www.norwaydc.org/reading) for more information on the Reading Circle.

## Lodge Calendar

### No July Board Meeting

### July Lodge Picnic

Saturday, July 21, 5:00 p.m. at Norway House  
see page 1 for details

### Reading Circle

Tuesday, July 24 at 7:30 p.m.  
Member's home in Springfield, VA

### August Lodge Picnic

Saturday, August 18, 5:00 p.m. at Norway House

### Norwegian Language & Conversation Group

Every Wednesday, 7:00-9:00 p.m. at Norway House

## Other Area Events of Interest

### Spotlight on Design: Snøhetta

Thursday, July 19, 7:00-8:30 p.m.  
National Building Museum  
401 F St NW, Washington, DC  
Vanessa Kassabian, director of design at the Oslo- and New York-based architecture firm Snøhetta, discusses the studio's multidisciplinary approach to design, which has resulted in a variety of innovative projects. She presents recent projects, which include the Alexandria Library in Egypt, the Oslo Opera House, and the National 9/11 Memorial and Museum in New York. Prepaid registration required. \$12 Members; \$10 Students; \$20 Non-members.  
[go.nbm.org/site/Calendar/177963461?view=Detail&id=112681](http://go.nbm.org/site/Calendar/177963461?view=Detail&id=112681)

### NYC: Commemoration of the July 22 attacks

Sunday, July 22, doors open 11:00 a.m.-7:00 p.m.  
Memorial service at 5:00 p.m.  
317 East 52nd Street, New York, NY 10022  
One year after the terrorist attacks in Oslo and at Utøya, the Norwegian Seamen's Church in New York will be open for anyone who would like to light a candle or just have a quiet time of remembrance.  
[norway.org/News\\_and\\_events/Culture/Performance-Arts/NYC-Commemoration-of-the-July-22-attacks/](http://norway.org/News_and_events/Culture/Performance-Arts/NYC-Commemoration-of-the-July-22-attacks/)

### Sons of Norway International Convention

August 22-25  
Fargo, ND  
<http://www.sonsofnorway2012.com/>

### Octoberfest at Land of the Vikings

August 31-September 3  
Land of the Vikings, Susquehanna, PA  
Includes: Pig Roast, Norsk camaraderie, dancing, live band, beer & wine. To make reservations, call 570-461-3500.  
<http://lov.3dsofn.org/>

### Edvard Munch: The Scream Heard Round the World

Thursday, September 13 from 6:45-8:45 p.m.  
Ripley Center, 1100 Jefferson Drive SW, Wash, DC  
Munch's art forged new paths into personal and psychological realms, breaking long standing taboos about subject matter. Recently, a copy of his "The Scream" broke auction records. See what makes his art so intriguing. Art historian David Gariff will talk about the importance of the great Norwegian artist Edvard Munch at the Smithsonian. General admission is \$40, Resident Members \$30, Senior Members \$27.  
[smithsonianassociates.org/ticketing/tickets/reserve.aspx?performanceNumber=224961](http://smithsonianassociates.org/ticketing/tickets/reserve.aspx?performanceNumber=224961)

## Join Sons of Norway or Give a Gift Membership

Current Dues: Individual \$49.50  
(International \$30 + District \$8.50 + Lodge \$10.00)  
Spouse \$ 42.50  
Youth: \$19.75  
Your children & grandchildren: FREE!

Children 15 years of age or under who have a parent or grandparent who is a SofN member may sign up for a free Heritage Membership. Youth ages 16 through 23 who have a parent or grandparent who is a SofN member may be a free Unge Venner member.

For more information or to sign up online visit [www.norwaydc.org/membership](http://www.norwaydc.org/membership). If you don't have internet access, call (800) 945-8851.

## If you missed the June meeting: Where We Came From: Norwegian Immigration to America

The educational program at the June meeting told the story of Norwegian immigration to America.

You can view a video of the first half of the program, or the slides from the presentation, on our website: [norwaydc.org/programs/wherewecamefrom](http://norwaydc.org/programs/wherewecamefrom).



**Top:** Ole Johnson's farm house in Round Valley, Nebraska, 1879.



**Right:** Bergen in the 1860s.



**Top:** seamstresses in Minnesota, 1930s.

**Right:** typical men's clothes, 2nd half of 1800s.



**Right:** The Restauration, the first ship that came to America with solely Norwegians, in 1825.



# Happy Birthday Queen Sonja!

A very special happy birthday to Her Majesty Queen Sonja of Norway who celebrated her seventy-fifth birthday on July 4th. In honor of this special day, let's learn a bit more about Queen Sonja.

- Her Majesty Queen Sonja was born in the Vinderen neighborhood of Oslo in 1937 to Dagny and Karl August Haraldsen. She received a diploma in dressmaking and tailoring at the Oslo Vocational School and then went on to receive a diploma from École Professionnelle des Jeunes Filles in Lausanne, Switzerland and later, undergraduate degrees in French, English and Art History from the University of Oslo.
- It wasn't until 1959 that she first met Crown Prince Harald. Nine years later they received permission to marry, setting into motion their wedding in Oslo Cathedral on August 29, 1968 and their consecration at Nidaros Cathedral in 1991.
- An avid lover of arts, culture and music, the Queen attends a number of art exhibitions in both Norway and abroad and is a patron of the Norwegian National Opera and Ballet, the Oslo Philharmonic Orchestra, the Oslo Chamber Music Festival and the Norwegian Traditional Music and Dance Association. Queen Sonja also enjoys photography and she often takes photographs of their trips and state visits.
- Queen Sonja is a trained skiing instructor. Each year she takes the opportunity to enjoy long ski treks or hikes in the mountains.
- The Queen plays an active role in a variety of fund-raising initiatives. In 1974 she was a member of the committee for the first nationwide humanitarian telethon. In 2010 she was visited the world's largest refugee camp in Kenya and was a patron of the Norwegian Refugee Council's telethon campaign. A recipient of the UN's High Commissioner for Refugees Nansen Medal, Queen Sonja donated her prize money to the building of schools for refugees in Tanzania. From 1987 to 1990, she also served as Vice President of the Norwegian Red Cross.

For more on Queen Sonja or the Royal Family, visit [www.kongehuset.no/english](http://www.kongehuset.no/english).

*Courtesy of Sons of Norway Newsletter Service.*

**Top:** Queen Sonja in 2007. Credit: [Jarle Vines via Creative Commons](#). **Bottom:** Queen Sonja and King Harald V in Poland in 2012. Credit: [Piotr Drabik via Creative Commons](#).



# The Eclectic Oslo Traveler

Norway is a country packed with visitor destinations to please everyone's palate. Oslo, Norway's capital is a reputable spot for the museum goers and rock music fanatics among us. Besides the customary walk up Karl Johan's Gate from the Central Train Station to see The Royal Palace's changing of the guards here are a few other places you should check out when visiting Oslo in the summer.

**The Artsy Admirer** is one that will not be disappointed in Oslo. The city is packed with museums, outdoor art, unique architecture all surrounded by the natural splendor of tree covered mountains and deep blue fjords.

## \*Vigeland Sculpture Park:

Located in Frogner Park is the largest outdoor park in Oslo covering 80 acres of land. The bronze and granite sculptures created by artist Gustav Vigeland expose naked bodies through various stages of life, childhood tantrums, teenage freedom, young love, family bonds, and inescapable old age. People flock to this park on beautiful summer days. It truly is a must see in Oslo.

**\*Oslo Opera House:** Located at the head of the Oslo fjord this intricately designed building is home to the Norwegian National Opera and Ballet. The eye-appealing modern building is made of Italian marble and white granite and invites pedestrians to walk on its large plaza that slowly angles up to form the roof. Don't miss a visit to Oslo's modern work of art.



*Above: Oslo Opera House. Credit: [Riotforlife via Creative Commons](#).*

*Right: Oseberg ship at the Viking Ship Museum. Credit: [Grzegorz Wysocki via Creative Commons](#).*



**The History Buff** is someone that finds joy in learning about the past, whether it means spending hours walking through museums and memorial sites or just exploring the old cobblestone streets and admiring the century old buildings that tell their own story.

## \*Viking Ship Museum:

Buses depart every 30 minutes from Oslo's central train station to the Bygdøy Peninsula just outside Oslo's downtown. The Viking Ship Museum contains three of the most well-preserved Viking Ships in the world. These ships were found in the Oslo fjord in burial mounds meant to store the dead. This world famous museum will leave you pretty amazed.

*continued on next page*

**\*The Norwegian Museum of Cultural History:** This open-air museum is Norwegian history in a nutshell. Hosts welcome visitors dressed in traditional costumes as they demonstrate and share in historical traditions and activities. Summer-time offers an assortment of fun activities for all ages including carriage rides, lefse making and folk dancing. Don't forget to visit the well-preserved Stave Church from the year 1200.



### The Outdoor Enthusiast

is someone that will not be disappointed with Norway. Norwegians know how to enjoy the outdoors and take advantage of each season. While the Oslo city centre offers the bustling urban attractions the charming natural landscape is found right outside your doorstep.

**\*Holmenkollen Ski Jump & Museum:** One of Norway's favorite pastimes is skiing, so it is only appropriate that Norway would be home to the oldest ski museum in the world. Located under the world famous Holmenkollen ski jump, this museum displays skis from every generation. Finish the tour off by visiting the top of the ski hill and enjoy a beautiful view of the city.

**\*Hovedøya:** More of a natural setting is found here at Hovedøya in the Oslo fjord. It is a place to picnic, hike, swim and relax in the sunny weather on what feels like your own private island. Just a five minute boat ride from Oslo's Aker Brygge, this is a great place to enjoy



**Top:** Norwegian Museum of Cultural History. Credit: [James Cridland via Creative Commons](#).

**Bottom:** Hovedøya. Credit: [Kjetil Bjørnsrud via Creative Commons](#).

in the Norwegian summer culture with a disposable grill and a swimsuit.

**The Summer Festival Goer** is someone that enjoys hitting up those outdoor festivals, concerts, and markets. What better way to enjoy the beautiful outdoors than to listen to great music, soak up the sun, and eat good food with family and friends.

**\*Øya Festival:** Medieval Park is home to Oslo's largest outdoor music festival playing artists like Kanye West, Kaizer's Orchestra, and Lily Allen. The festival draws people of all ages and sustains itself as an environmentally friendly festival offering organic foods and good fun. The festival lasts from August 7-11, 2012.

[oyafestivalen.com](http://oyafestivalen.com)

**\*Oslo Jazz Festival:** Oslo's famous Jazz Festival celebrates each year with a wide-ranging lineup of artists. This year Tony Bennet will be kicking off this year's event followed by Kurt Elling, Trondheim Jazzorkestra, and The Brazz Brothers to name a few of the many. Jazz parades through the city centre shake up the street life

and concerts for all ages take place from August 13-18, 2012. [www.oslojazz.no](http://www.oslojazz.no)

Courtesy Sons of Norway Newsletter Service.

## Methods, Means, and Best Practices for Oral History Projects

*Summary of presentation at National Archives Genealogy Fair 2012 by Guba Shankar, Folklife Specialist, Research and Programs, American Folklife Archives at the Library of Congress*

### By Christine Foster Meloni

While this presentation focused on conducting live interviews, I think much of the ideas can also be utilized for paper questionnaires.

### Primary points of Dr. Shankar's presentation.

Remember: "Technology is not your friend but it doesn't have to kill you."

He talked about "cultural documentation projects." When you are interviewing someone, try to find "webs of interest." And don't forget to get a consent form!

Keep in mind that you are mediating between the interviewee and the audience.

### Cultural Documentation: Methods and Techniques

- You must begin with a project plan.
- What is your final product? A website perhaps?
- Find a partner or partners at the beginning of your project.
- What do *they* want?
- What will they *do* with it?
- Who will be the caretaker of your materials? They need to get out into the world. Think of long-term storage.
- Check what others have done in your specific area of focus.
- Find collaborators. Oral history is really too big for one person. You must focus on the interview process. That is your role. Who will do the technical things? Will you need an audio technician? Or someone to take notes?
- Keep your project small. Keep it focused. Don't fall down the rabbit hole!
- Remember that the best recording equipment available today is Paper and Pencil!

- Go to this website for an overview of recording materials: [transom.org](http://transom.org)
- Will your product be sustainable in the future? CDs and DVDs, for example, will not last so they should be considered only as temporary carriers. Can your partner sustain your product?
- When interviewing, you should have a really good external microphone. An internal one will pick up too much unwanted noise.
- Be sure to document at the beginning and at the end of a recording who, when, where, and why.
- Rule of thumb: one hour of recording = four to six hours of transcription
- Redundancy is crucial. Don't have your product available in only one place.

The presenter did not distribute a handout.

To make up for the lack of a handout, I found the following on the website of The American Folklife Center at the Library of Congress at:

[www.loc.gov/folklife/familyfolklife/oralhistory.html](http://www.loc.gov/folklife/familyfolklife/oralhistory.html)

### Holiday Festival & Bazaar Volunteers Needed

We've started the Holiday Festival & Bazaar planning for 2012 and will need volunteers in order for this to be our best Festival ever -- culturally as well as benefitting the Lodge financially.

In the months leading up to the bazaar, volunteers can help with: publicity, inventory, ordering, scheduling cultural performers, logistics, pricing items, and many other tasks.

If you can spare a little time - or a lot - contact Susie at [bazaar@norwaydc.org](mailto:bazaar@norwaydc.org).

## 2012 Sons of Norway International Convention

August 22-25, 2012 in Fargo, ND

The 2012 Sons of Norway International Convention is open to ALL Sons of Norway members. Visit [www.sonsofnorway2012.com](http://www.sonsofnorway2012.com) to register now!

Reservations at the convention hotel, Ramada Plaza & Suites in Fargo, ND, can be made by one of two ways: you can either call 800-525-0362 or visit [https://resweb.passkey.com/Resweb.do?mode=welcome\\_gi\\_new&groupID=8569309](https://resweb.passkey.com/Resweb.do?mode=welcome_gi_new&groupID=8569309) to make online reservations. In order to receive special International Convention room rates you will need to make your reservations before July 31st, 2012. Do not contact the hotel directly; you must use this phone number or link to receive the special rates.



**Pictured:** Downtown Fargo.

*Credit: [Tim Kiser via Creative Commons](#).*

### At the Convention:

## 2012 International Folk Art Exhibition & Competition

Sons of Norway is pleased to invite all members to participate in the 2012 International Folk Art Exhibition & Competition. All members, both amateurs and professionals, are encouraged to display their skills at Sons of Norway's largest folk art event as part of the International Convention in Fargo, ND, from August 22nd through August 25th.

Members can choose to compete, exhibit or both. Everyone who enters will receive a certificate of participation and a unique pin for their contribution. Members who enter the competition can win ribbons for First, Second, and Third places in a variety of categories, a People's Choice award and the Best In Show prize for the judges' overall favorite item.

For more information, complete rules and more, visit [www.sonsofnorway2012.com/Folk-Art.aspx](http://www.sonsofnorway2012.com/Folk-Art.aspx).

*Courtesy of Sons of Norway Newsletter Service.*



**Pictured:** Cradle weaving. *Credit: [Jonathunder via Creative Commons](#).*

## Spread a Little Sunshine

Please keep our **new Sunshine Committee Chair, Frank Jones**, informed about members who are ill, undergoing surgery, recuperating, or homebound for an extensive period. We will send them best wishes from the lodge as a whole. Our members care about each other and like to reach out to their friends who may need a little sunshine in their lives. Contact Frank at 703-243-5770 or [care@norwaydc.org](mailto:care@norwaydc.org).

*a little in English...***Midnight Run in Norway**

The Midnight Sun Marathon in Tromsø takes place in the middle of the night during the radiant mid-night sun.

“The year’s Midnight Sun Marathon is special because you start the race in June and you finish after midnight in July”, explains event leader Nils I. Hætta.

Norway is a highly desirable region for international runners with high career goals. The Midnight Sun Marathon is actually the northernmost run certified by the Association of International Marathons and Distance Races (AIMS).

The Midnight Sun Marathon has been taking place in Tromsø since 1990 and has become a trademark event for the city. You can choose between five different distances and are guaranteed to receive a unique Midnight Sun Marathon medal.

Get yourself ready for this year’s big running festival. Your first step is to sign up in order to assure yourself a spot. In 2011 there were 4,250 participants from 60 different nations.

Otherwise you can wait until winter. The Polar Night Half Marathon is the exact opposite of the summer run. While the summer run is at night during the bright summer night light, this run takes place during the day time in the darkness.

You can choose between three distances. Polar Night Half-marathon (21.2km) Troms Kraft-mila (10km) Mørketidstrimmen (5km)

The date for next Mørketidsløpet is January 5, 2013.

*litt på norsk...***Midnattsløp i Norge**

Midnight Sun Marathon (MSM) i Tromsø løpes på nattestid i strålende midnattssol.

“Årets Midnight Sun Marathon er litt spesielt da du kan starte i juni og gå i mål i juli”, opplyser Daglig leder Nils I. Hætta.

Norge er også et ettertraktet løpemål for internasjonale strebere, MSM er nemlig verdens nordligste AIMS internasjonalt sertifiserte maraton.

Midnight Sun Marathon er arrangert i Tromsø siden 1990 og er blitt et kjent varemerke i byen. Du kan velge mellom fem ulike distanser og sikre deg en unik MSM medalje.



**Pictured:** 2009 Midnight Sun Marathon. Credit: [Simon Pearson](#) via [Creative Commons](#).

Gjør deg klar for års store løpsfest. Første steg er å melde seg på til løpet slik at du er sikret plass. I 2011 deltok 4250 deltaker fra over 60 nasjoner.

Ellers kan du vente til vinteren. Mørketidsløpet er den rake motsetning til sommerløpet. Mens man om sommeren løper på kvelden og i den lyse sommernatta, foregår mørketidsløpet på dagtid i mørketida

Du kan velge mellom tre distanser: Polar Night Half-marathon (21,1km) Troms Kraft-mila (10km) Mørketidstrimmen (5km uten tid)

Dato for Mørketidsløpet er 5. januar 2013

*Courtesy Sons of Norway Newsletter Service.*

For more information: [www.msm.no](http://www.msm.no)

# 3D LOV Letter

This land is your land , this land is my land. Come and enjoy, bring your family & friends.  
 You don't have to be a member to enjoy all that LOV has to offer.

June 2012

## Octoberfest



Labor Day Weekend

At

Land of the Vikings

Featuring a 3 Day Weekend Including:  
Great Meals

**The Pig Roast is back**

Leisure time

Norsk Camaraderie

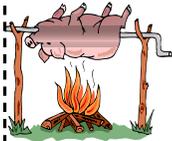
Dancing—Live band

Beer & Wine - Sat & Sun

**Aug 31 –Sept 3**

To make reservations at LOV Call 1-570-461-3500

Activity Fee ; still only \$50 per person



## Youth Camp at LOV

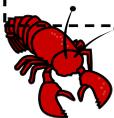
Sign up your kids or grandkids for a great week at youth camp

**July 1-7 for 12-15 years olds July 8-14 for 8-11 year olds**

An active cultural camp program is being planned with adult supervision at all times. The camp is held at the Third District property Land of the Vikings (LOV) in Sherman, PA District 3's recreational and cultural center in Sherman PA. The campers will enjoy a pleasing menu. Campers will attend morning classes for Norwegian language, rosemaling, wood working, hardanger and other skills. During the afternoon the campers can swim, hike, participate in a variety of athletic activities, do crafts, cook and learn about our Viking heritage to name a few of the activities. The evening brings an opportunity to form lasting friendships with a talent show, films, folk dancing, games and much more.

If you need directions to LOV or if you find it difficult to transport your child to and from camp, send a request with your application and a map. A list of campers in your area will be included with your medical forms. Remember it is YOUR RESPONSIBILITY to provide transportation. Do not call camp and expect us to set up a ride for your child.

Evelyn Karpack  
Youth Director  
[farmorkar@verizon.net](mailto:farmorkar@verizon.net)



## 100 people attended the Lobsterfest at LOV

Fun was had by all on June 9th. With Viking Auction, games, 50/50 and of course a Maine Lobster dinner. Thanks to all who attended, Be sure to sign up early next summer. See pictures on the next page.



## Retired? Flexible work week?

How about coming to LOV a day early and enjoy the area

Flea markets

Farmers markets

Cooperstown, baseball hall of fame

Honesdale historic city

Binghamton

County Fairs

Corning factory

Day trips

Lunch and Dinner on your own while exploring the area

Extra night lodging only \$50 for 2, no meals at LOV unless requested.

Flag poles are back up and flags are flying again at LOV



Managers: Nils & Lauren Floden

461 Big Valley Road

Susquehanna, Pa 18847

Call - 570-461-3500

Or E-mail to:- [vikingland@tds.net](mailto:vikingland@tds.net)

<http://lov.3dsfn.org>



## Coming up

June 22-24 Kulp Reunion

July 1-7 Youth camp for 12-15 year olds

July 8-14 Youth camp for 8-11 year olds

July 15-21 Fly fishing youth camp

July 22-29 Sports for Health

Aug 2-5 Hudson Valley

Aug 8-12 Pedersen Family Reunion

Aug 31– Sept 3 Octoberfest



## Directions to Norway House

### 3846 Meredith Dr., Fairfax, VA 22030

\*\* Please park in the Christ Lutheran Church parking lot (entrance directly across the street from the Norway House).



**From Beltway or I-66:** Go west from Beltway on 66. Take Exit 60, Rt. 123 (Chain Bridge Rd.) south toward Fairfax. Proceed about a half mile. Turn right on Rt. 50 west (also Rt. 29, Lee Highway, and Fairfax Blvd.). Stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Texaco gas station). Turn left immediately behind the gas station into the church parking lot.

**From Rt. 50/29:** Go west from the Beltway about 5.33 miles. After crossing Rt. 123 (Chain Bridge Rd.), stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Texaco gas station). Turn left immediately behind the gas station into the church parking lot.

**From far western suburbs:** From I-66 East, take Exit 52, Rt. 50, east, toward city of Fairfax. Proceed about one mile. Turn left at Fairfax Blvd., which is where Rt. 29 joins Rt. 50 (which itself angles left). Turn left after a Texaco station onto Meredith Dr. Turn left immediately behind the gas station into the church parking lot.

**Metro & bus:** From Ballston Metro station (on the Orange Line), take either the 1C or 1Z bus toward Inova Fairfax Hospital. The bus will go down Lee Highway/Fairfax Blvd. (Rt. 50/29). Get off about 40 min. later at Meredith Drive (after Warwick Ave.).

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## About Capital Viking

Capital Viking is published by Sons of Norway - Lodge 3-888, ten times per year

### Address Changes

Did your email address, mailing address, or other information change? Please notify lodge database manager Clarissa Peterson at [editor@norwaydc.org](mailto:editor@norwaydc.org) or 202-285-9585.

### Contact Us

Sons of Norway  
3846 Meredith Dr., Fairfax, VA 22030

### Lodge Website

[www.norwaydc.org](http://www.norwaydc.org)

### Find Us on Facebook

[www.facebook.com/groups/123693707650322/](https://www.facebook.com/groups/123693707650322/)

## Lodge Officers

**President:** Kristin Stone  
703-408-3388 or [president@norwaydc.org](mailto:president@norwaydc.org)

**Vice-President:** Burt Koske  
703-573-5943 or [vp@norwaydc.org](mailto:vp@norwaydc.org)

**Secretary:** Elizabeth Stone  
703-303-9481 or [secretary@norwaydc.org](mailto:secretary@norwaydc.org)

**Treasurer:** Bill DeRoche  
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