



SONS OF
NORWAY

Capital Viking

March Lodge Meeting: Bunads

Speaker: Deb McConaghy of the Norsk Carolina Lodge
Saturday, March 24, 2012 at 2:30 p.m.

At the Norway House:
 3846 Meredith Drive, Fairfax, VA
<http://www.norwaydc.org/directions>

Please note that this is a **Saturday** meeting. The program will be followed by "finger food" potluck of appetizers, tea sandwiches and desserts.

Wear Your Bunad!

Do you have your own bunad that you'd like to show off? Wear it to the March meeting! Or if it doesn't fit, just bring it along to display.

About Deb McConaghy

Deb became interested in Bunads because her family owned Norwegian costumes which they wore in the Brooklyn Syttende Mai parade. Her family moved from Brooklyn to Florida in 1967, where they were charter members in the Sarasota Lodge.

Deb's mother was born in Oslo and she wears the Oslo costume, made from a kit, by her mother and purchased from Steen and Strom department store the year the Oslo drakt debuted in 1947. Deb received her Hardanger bunad around the time she was confirmed.



Pictured: Norwegian bunad in a Singer Manufacturing Co. advertisement from 1892.

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Cultural Center - Norway House Cleanup day

March 18th 3:00 to 8:00 p.m. Dinner will be served to those that volunteer.

We'll be working on spring cleaning inside and out (weather permitting), and bazaar inventory with board meeting to follow at 8:00 p.m. Please email hospitality@norwaydc.org to RSVP for meal planning.



Who were the Vikings?

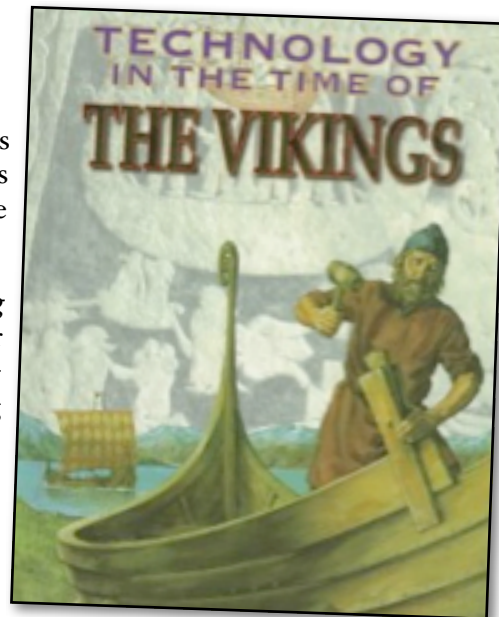
Lodge Reading Circle

Do you want to know more about our ancestors, The Vikings? Join us for an informative discussion at the next meeting of the lodge's Reading Circle on **Tuesday, March 27**, from 7:30-9:30 p.m. at the Norway House.

Choose your own reading material. You might like to look at *Viking* by Susan Margeson and *Technology in the Time of the Vikings* by Peter Hicks, two illustrated books aimed at young people but very informative. We will try to cover all aspects of the Viking Age including Norse mythology, settlements in Ireland, Scotland, Iceland, and Greenland, and the arrival of the Vikings in North America.

Additional Reading Circle meeting dates for 2012 are the following Tuesdays: May 22, July 24, September 25, and November 27. Meetings are held at 7:30 p.m. in the Norway House. Please note that dates are subject to change

For additional information and updates, go to the lodge's website at www.norwaydc.org/reading or contact Christine Meloni at reading@norwaydc.org.



Deb McConaghy

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Deb learned to construct Hardanger bunads about fifteen years ago and has now made five. Given the warm climate in Florida & North Carolina, Deb started making cotton or linen everyday folk costumes (drakt) about ten years ago. She has now made about a dozen drakt. Deb has also helped bunad owners alter and/or restore vintage bunads. She is able to conceal moth holes, expand the size of garments and generate missing pieces of costumes.

Deb's mother taught her how to sew over forty years ago. Her grandmother taught her how to knit and do needlepoint. Sewing is her passion. She loves quilting, smocking and all types of sewing. She tries to sew some each day, but work sometimes gets in the way. She claims that "fabric seems to be hiding in all the nooks and crannies of my house and I have a very patient husband with all my sewing machines (5) and so many trims, supplies, fabrics, threads, etc." Deb is undaunted and even learned to do a little hardanger embroidery by hand. She is also resourceful and figured out how to recreate hardanger embroidery for use in aprons and such, using her embroidery machine.

Did you know?

Hulda Garborg (1862-1934) was a Norwegian writer, novelist, playwright, poet, folk dancer, and theatre instructor who is often cited as a pioneer in bringing bunads into mainstream culture. She wrote several books, including one on the bunad tradition: *Norsk klædebunad* (1903).



Pictured: Hulda Garborg

Deb has a collection of books about bunads and has spent extensive time researching bunads online.

She has created a power point slide show which she will share with our lodge which is a feast for the eyes. Deb has also created a notebook she will share with us which contains the history of bunads and bunad accessory specifications of approximately 45 individual bunads from fifteen different regions. Deb plans to continue to expand this volume.

Norwegian Language Class Musical Performance

The very talented Norwegian language class group sang five songs in Norwegian at the February lodge meeting to meet a requirement for their cultural skills pins.

The songs they performed were: Watched Hurrah For Deg!, Hvem Har Skept Alle Blomstene, Mikkel Rev, Ro Ro Ro Din Bat, and Bae Bae Lille Lam.

Group members pictured here are: Greta Dahlman, Christine Meloni, Nicole Finch, Andres Frame, Nina Smith, George Edwards, and Ellen Haberlein. The language class meets weekly at the Norway House. For more information, contact language@norwaydc.org.



Watch a video of the performance at <http://www.norwaydc.org/language>.

Learn Norwegian on the Web

Can't make it to the weekly class? You can also check out **Norwegian on the Web - NoW**, a free online course in entry level Norwegian, where all the teaching aids are integrated on one website.

NoW has been developed at the Norwegian University of Science and Technology, NTNU, by experienced instructors. The course is designed for foreign students at NTNU, but it is open to anyone wanting to learn Norwegian. Visit <http://www.ntnu.edu/norwegiancourse/norwegian-on-the-web>.

Spread a Little Sunshine: Please keep our Sunshine Committee Chair, Queenie Sheldahl, informed about members who are ill, undergoing surgery, recuperating, or homebound for an extensive period. We will send them best wishes from the lodge as a whole. Our members care about each other and like to reach out to their friends who may need a little sunshine in their lives. Call Queenie at 703-534-0916 or e-mail her at care@norwaydc.org.



Memorial Service for Brit Peterson

A message to lodge members from Alf Peterson:

We are going to have a Memorial Service to inter Brit Peterson's ashes on **March 25th at 1:30 p.m.** at Messiah Lutheran Church on Pine Island Road in **Cape Coral, FL**. She will be interred next to Roy's ashes at the church's memorial wall.

The Norwegian Church Service is scheduled at 3 p.m. right after this service. Please invite anyone that might have an interest. The Miami sjomannskirke are the ones conducting the Norwegian service. Please feel free to pass the word. I understand that there will be light refreshments served between the two services. The Messiah Lutheran Church Pastor is Rusty May.

Contact: Alf Peterson, 703-777-2037, alfpetrsn@msn.com.

Book Review: *The Tricking of Freya*

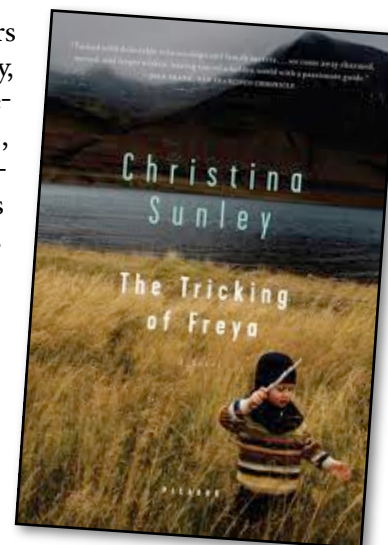
By Christine Foster Meloni

The local Scandinavian Book Group (American Scandinavian Association) meets five times a year and each book selection relates to one of the five Nordic countries. I attended my first meeting in January and found a very friendly and dynamic group. The book discussed at this meeting was *The Tricking of Freya* by Christina Sunley.

I found this novel fascinating. I learned a great deal about the history, geography, and customs of Iceland. I also enjoyed an absorbing story about Freya, a girl growing up in the U.S., whose life was drastically changed when her mother took her to Gimli, a small community of Icelandic immigrants in Canada. While there, she became intrigued with her mother's sister Birdie, who had a secret that no one in the family would talk about. Freya

spent several difficult years trying to solve the mystery, going back and forth between the U.S., Iceland, and Canada. She truly discovers her Icelandic roots as she digs into her aunt's past.

I would highly recommend this book. And I would recommend the group. The next book selection is *Breath and Shadows* by Finnish author Ella Leffland.



Scandinavian Book Group

Sunday, March 18, at 2:30 p.m.

Joan Dickerson's, 3334 Ellis Ct, Falls Church, VA

For more information, call Joan at 703-573-6764.



Happy birthday to all our lodge members celebrating birthdays in March!



Save the Date: April Lodge Meeting The Lundehunds are Coming!

Karon and Mike Plasha will bring their Lundehunds to our April meeting. They will present a multi-media program about Lundehunds.

The meeting will be held on Saturday, April 14th, at Christ Lutheran Church starting at 4:30 p.m.

Dinner will be served at 5:00 p.m. The lodge will prepare a spaghetti dinner with salad, another vegetable and dessert. The suggested donation is \$8 for adults and \$4 for children under 12. Bring your children and grandchildren.

Lodge Calendar

Norway House Spring Cleanup Day

Sunday, March 18, 3:00-8:00 p.m.

Dinner will be served to those that volunteer.
RSVP to hospitality@norwaydc.org for meal planning.

Board Meeting

Sunday, March 18 at 8:00 p.m.

* note date change from last newsletter

March Lodge Meeting: Bunads

Saturday, March 24 at 2:30 p.m.

Norway House - Finger food potluck
see page 1 for details

Lodge Bowling Night

Sunday, March 25 at 7:45 p.m.

AMF Bowling Alley, Annandale, VA
see page 8 for details

Reading Circle

Tuesday, March 27 at 7:30 p.m.

Norway House

April Lodge Meeting: Lundehunds

Saturday, April 14 at 4:30 p.m.

Christ Lutheran Church

Meeting followed by spaghetti dinner at 5:00 p.m.
suggested donation: \$8 adults, \$4 children under 12
see page 4 for details

Syttende Mai Picnic

Saturday, May 19, 1-3 p.m.

May Lodge Meeting

Date TBD

Sons of Norway 3rd District Convention & Centennial Celebration

June 20-23, 2012

Virginia Beach Convention Center

Virginia Beach VA

<http://3dsofn.org/convention/>

Other Area Events of Interest

Norwegian Church Service

Sunday, March 11 at 3:00 p.m.

Emmanuel Lutheran Church, 7730

The service is in Norwegian. All are welcome.

"Kirkekaffe" after the service. The service will be followed by a Juletre fest. For info, call Lasse Syversen at 301-641-7908 or send an e-mail to:

lasse@flagship.com.

Eldrid Arntzen Rosemaling

March 12-16 - Session 1: Telemark roses

March 19-23 - Session 2: Gudbrandsdal

Land of the Vikings, Susquehanna, PA

For reservations call: Bev at 570-461-3500

<http://3dsofn.org/eventscalendar/eventdetail.aspx?EventID=473>

The Girl Who Kicked the Hornet's Nest

Tuesday, March 13 at 8:00 p.m. (doors 7:30 p.m.)

McLean Community Center, 1234 Ingleside Ave.,

McLean, VA. Presented by Sweden House.

The third and final novel in Stieg Larsson's trilogy. In Swedish with English subtitles. Info: Erland Magnusson at 703-356-3274.

Scandia DC 3rd Saturday Dance

Saturday, March 17 from 7-10 p.m.

Greenbelt Community Center,

15 Crescent Drive, Greenbelt

No partners necessary. Enjoy a variety of Scandinavian couple dances. Cost \$7. Info: call Linda or Ross at 202-333-2826 or e-mail Linda

(linda@scandiadc.org).

<http://www.scandiadc.org>

Scandinavian Literature Group

Sunday, March 18 at 2:30 p.m.

Joan Dickerson's, 3334 Ellis Ct, Falls Church, VA

The subject book is *Breath and Shadows* by Finnish author Ella Leffland. For more information, call Joan at 703-573-6764.

SIBELIUS - Fairfax Symphony Orchestra

Sunday, March 18 at 3 p.m.

Hylton Performing Arts Center, GMU

10900 University Boulevard, Manassas, VA

Three pieces in the orchestral repertoire by Sibelius are on the program, as well as his final and arguably greatest symphony. Info: call 1-888-945-2468 or

<http://www.HyltonCenter.org/calendar/>.

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Other Area Events of Interest

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ASA Meeting: Monet in Norway

Monday, March 19 at 8:00 p.m.

St. John's Church, 6701 Wisconsin Ave., Bethesda, MD
Claude Monet went to Norway and painted 26 canvasses. This illustrated talk will discuss approximately 25 years of French Impressionism and Norwegian Impressionists. Presented by Marilyn Benson with pictures taken by her husband Bob.

<http://www.scandinavian-dc.org>.

Nordic Dancers of Washington, DC

Wednesdays at 7:30 p.m. (through June)

Highland View Elementary School, Silver Spring, MD
Come and learn traditional folk dances of Denmark, Finland, Iceland, Norway, and Sweden. Newcomers are welcome; no prior dance experience is necessary. The Nordic Dancers Children's Group meets with the adult group from 7:30 to 8:30 on the second Wednesday of every month. For more info, contact Chris Kalke at 301-864-1596 or ckalke@verizon.net, or visit:

<http://sites.google.com/site/nordicdancersdc/>.

Swedish Detective Series on MHZ1

MHZ-1 is the Public Television station WNVC-DT. It is available as Channel 30-1 off the air; 451 - Verizon FIOS; 271 - Comcast; 470 - Cox; 30 - RCN; 972 - DirectTV; and 8077 - Dish. Broadcast in SWEDISH with English subtitles.

★**March 10, 9:00 p.m.** Irene Huss: The Torso #101, A dismembered corpse washes up on the shore and the only lead Detective Inspector Irene Huss has is a striking tattoo on the victim.

★**March 17, 9:00 p.m.** Irene Huss: The Horse Figurine #102, One of Gothenburg's wealthiest men plummets to his death from a balcony. Was it suicide or murder? Irene seeks the answer.

★**March 24, 9:00 p.m.** Irene Huss: The Fire Dance #103, A series of suspicious fires in Gothenburg has its citizens unnerved by the thought of a serial arsonist on the loose.

★**March 31, 9:00 p.m.** Irene Huss: The Night Round #104, One nurse lies dead and another vanishes after their hospital is hit by a black-out. The only witness claims to have seen Nurse Tekla.

Genealogy Interest Group Roots Project

The lodge's Genealogy Interest Group (GIG) has formed a committee to work on the scrapbook for the Roots Project.

This committee consists of Marvin Reed, Burt Koske, and Christine Meloni and will be compiling information, photos, and personal narratives about the ancestors of lodge members to immortalize in a scrapbook to be available in our library.

If you would like to join this committee, please contact Christine Meloni at genealogy@norwaydc.org.

Upcoming Genealogy Events

Fairfax Genealogical 2012 Annual Spring Conference and Genealogy Expo

Friday-Saturday, March 23-24

Marriott Fair Oaks, Fairfax, Virginia

The conference is a two-day, in-depth presentation by nationally-recognized genealogists, designed to enhance your genealogical research skills and provide something of interest for every level of genealogist.

<http://conference.fxgs.org>

National Archives Genealogy Fair

Wednesday-Thursday, April 18-19

National Archives Building

700 Pennsylvania Ave., NW, Washington, DC

This two-day program showcases the Federal records located at the National Archives as resources for family history research. The fair provides information and guidance for experienced genealogy professionals and novices alike. The fair is free and open to the public.

<http://www.archives.gov/dc-metro/know-your-records/genealogy-fair/>



Lodge Library

The Lodge Library at the Norway House is one of the benefits of membership in our lodge — free of charge for members only. The library has over 7,000 items in Norwegian, English, Danish (books, DVDs, VHS, music CDs, newspapers, journals, and periodicals), and is open whenever the Norway House is open for events.

Checkout is on the honor system: follow instructions on the posters in the room. The standard checkout period is one month, and you may renew items by contacting Librarian Frank Jones at librarian@norwaydc.org or 703-243-5770.



Convention Delegates

The Sons of Norway 3rd District Convention will be held June 20-23, 2012, at the Virginia Beach Convention Center in Virginia Beach VA. Our lodge has selected the following members to serve as delegates: Susie Fosaaen, Olav Richard Crone-Aamot, Bill DeRoche, Pat DeRoche, Marvin Reed, and Betty Reed. Our alternates are: Ardis Morton, Burt Koske, and Debbie Fosaaen.

<http://3dsofn.org/convention/>



Lillyhammer

From the *Norwegian American Weekly*:

Well, it's finally happened: Norwegian culture has gone mainstream in North America. On February 6th, Netflix debuted its original series "Lilyhammer," an NRK-produced show starring American actor Steven Van Zandt of "Sopranos" fame. The show is set in Lillehammer and co-stars many talented Norwegian actors and actresses, and good portions of the show are even in Norwegian (with English subtitles)!

<http://blog.norway.com/2012/02/10/american-gangster-in-%E2%80%99Lilyhammer%E2%80%99D/>

Join Sons of Norway or Give a Gift Membership

Current Dues: Individual \$48.50
(International \$30 + District \$8.50 + Lodge \$10.00)

Spouse \$ 41.50

Youth: \$19.25

Your children & grandchildren: FREE!

Children 15 years of age or under who have a parent or grandparent who is a SofN member may sign up for a free Heritage Membership. Youth ages 16 through 23 who have a parent or grandparent who is a SofN member may be a free Unge Venner member.

For more information or to sign up online visit <http://www.norwaydc.org/membership>. If you don't have internet access, call (800) 945-8851.

President's Message

Dear Members,

Our Saturday afternoon winter meetings are a success! We had over forty people join us in February to hear author Olav Richard Crone-Aamot talk about his book *The Norwegian Paperclip*. Richard entertained us for almost an hour with stories of his youth spent as a member of the Norwegian Underground during the German occupation. Afterwards, Richard sold and autographed his book. If you missed the meeting, the talk which will be available for viewing on our new NorwayDC YouTube channel. In



Olav Richard Crone-Aamot joined us at our February meeting to tell us stories of his youth spent as a member of the Norwegian Underground during the German occupation.

Watch a video of the program at:

<http://www.norwaydc.org/programs/paperclip>

addition, our library now has a copy of *The Norwegian Paperclip*. After Richard's talk, we enjoyed a feast of sweet and savory finger foods. Thanks to Carla Danziger for arranging for Richard to be our speaker and to everyone who brought food.

Our lodge meeting on Saturday March 24th will feature Deb McConaghy who will present a multi-media program about bunads. Deb is very knowledgeable about bunads and their accessories and is generous in sharing her knowledge with others. Deb will bring some of her bunad books as well as a notebook she is compiling.

Deb is also an excellent seamstress. She is experienced at repairing or altering bunads and making Norwegian folk costumes. While she is here for the weekend, Deb will be working with a small group of members making their own folk costumes. If you are interested in joining the folk costume workshop or having Deb make a folk costume (or component) for you email Deb at: Deb-McConaghy@carolina.rr.com.

Our lodge leadership team is still lacking a cultural chair and a program chair. We are counting on members assuming responsibility for the program for one meeting this year. I'm hoping that a few people will contact me soon to express their interest in helping out. Many hands really does make light work and makes our lodge stronger.

Please contact me at president@norwaydc.org if you have any suggestions or ideas for the benefit of the order and/or our lodge.

Kristin

Let's Bowl!

Sunday, March 25 ~ Arrive at 7:30 p.m.

AMF Bowling Alley, 4245 Markham St., Annandale, VA 22003



Lodge members are invited to a bowling night. The evening package is \$10 for shoes, ball & unlimited bowling from 8:00-12:00! Up to six people can bowl on a lane. Please arrive at 7:30 p.m. so that we can divide into groups and find shoes and balls. We want to be ready to start bowling at 8 p.m.

Our lodge will be sponsoring one team of six in the district bowling league. Team bowling scores from this outing will be compared with team scores from other lodges in the district and a trophy will be awarded to the winner. Our lodge has never participated in this competition. Please sign up! Email lodge sports director Greg Ovrebo at sports@norwaydc.org if you'd like to be on the bowling team.

a little in English...

Norway after 1980

The 1980s marked the end of the epoch that was described as "the post-war period." At the fiftieth anniversary of independence in 1995 the post-war generation had the most power positions in society and industry. In the years after 1980, Norway was marked by large revenue from petroleum production in the North Sea, which created an increased prosperity for the vast majority. In addition, the world has moved closer to us, both in public policy, in business and in the private sector. The economy is more international than before. Norwegians travel more than before, and the new media situation has made so that the 2000s is described by how many and what kind of TV one has in their living room. Norway has also become a multicultural society, where groups of immigrants have created a more international flavor in Norwegian society.

Equality has made great strides. In this period, Norway had a female prime minister, parliament president, dean and bishop. The attitude towards authorities has changed. It has been pointed out that, for example, the titles of politicians and other magistrates have become less significant, and the previous social solidarity has been replaced with a stronger interest in the private sector. With the elections there has been a larger fluctuation for individual parties; voter's loyalty has lessened, which has been interpreted as dissatisfaction with the established political institutions. Prosperity has also highlighted those who fall outside of prosperity. Some have claimed that Norway is on the way to becoming what social science researchers call the "2/3 society" (and in Norway the fraction is maybe the "4/5 society"), where the vast majority are well off, is great enough to ensure the maintenance of the system, while other groups that fall outside when it comes to education, employment, health and prosperity. In the 2000s, the poverty debate has flared up once again, and in political rhetoric it's often referred to as "the world's richest country." The political divisions have made it more apparent of the degree of public control.

It happened in the 1980s:

In Dec. 1985, the **Rock art of Alta** was placed on the UNESCO list of World Heritage Sites. Since the first carvings

were discovered in 1972, more than 6000 carvings have been found on several sites around Alta (northern Norway). Using shoreline dating, the earliest carvings were dated to around 4200 BC; the most recent carvings were dated to around 500 BC.

Learn more at: <http://whc.unesco.org/en/list/352>

Photo credit: Bjørn Christian Tørrissen (Creative Commons Attribution-Share Alike).



litt på norsk...

Norge etter 1980

1980-årene markerte slutten på den epoken som gikk under betegnelsen "etterkrigstiden". Ved femtiårsjubileet for frigjøringen i 1995 satt etterkrigsgenerasjonen med de fleste maktposisjoner i samfunns- og næringsliv. I årene etter 1980 har Norge blitt preget av de store inntektene fra petroleumsutvinningen i Nordsjøen, som har skapt økt velstand for det store flertall. I tillegg har verden rykket oss nærmere, både i den offentlige politikk, næringslivet og privatsfæren. Økonomien er mer internasjonalisert enn tidligere. Nordmenn reiser mer enn før, og den nye mediesituasjonen har ført til at det på 2000-tallet knapt er begrensninger på hvor mye og hva slags fjernsyn man vil ha inn i stuene. Norge har også blitt et flerkulturelt samfunn, der grupper av innvandrere har satt et mer internasjonalt preg på norsk samfunnsliv.

Likestillingen har gjort store fremskritt. Norge fikk i perioden bl.a. kvinnelig statsminister, stortingspresident, prost og biskop. Holdningen til autoriteter har endret seg. Det har vært pekt på at tilliten til f.eks. politikere og andre øvrighetspersoner er blitt mindre, og den tidligere samfunnssolidariteten er blitt avløst av en sterkere interesse for privatsfæren. Ved valgene har det vært store svingninger for enkelte partier; velgernes lojalitet har blitt mindre, noe som også har vært tolket som misnøye med de etablerte politiske institusjoner. Velstandøkningen har også synliggjort dem som faller utenfor. Enkelte har hevdet at Norge er på vei mot det samfunnsforskerne kaller "2/3-samfunnet" (for Norges del kanskje heller "4/5-samfunnet"), der det store flertall som har det bra, er stort nok til å sikre opprettholdelse av systemet, mens noen grupper faller utenfor når det gjelder utdanning, arbeid, helse og velstand. På 2000-tallet har det igjen blusset opp en debatt om fattigdom i Norge, som i politisk retorikk ofte omtales som "verdens rikeste land". De politiske skillelinjer har også blitt tydeligere i synet på graden av offentlig styring.

District 3 President's Message

Fra Presidenten, Ralph Peterson

Hei alle sammen, well after a very mild winter they predicted snow for Virginia Beach but none came at least not yet today.

I am going to do some cheerleading for my home lodge. On 31 March Hampton Roads will be celebrating their 40th anniversary and in the afternoon the Norwegian Lady Celebration will showcase their 50th anniversary. Check out the web site for more information. We would like to have a lot of guests to help us celebrate both events. <http://www.3dsofn.org/eventscalendar>

There are more celebrations in the works as well. Fredriksten will celebrate their 100th anniversary on April 28 and Norden will celebrate their 75th anniversary on 22 April. Congratulations to all those lodges celebrating big anniversaries this year.

For the 7th month in a row the web site has seen an increase in usage. In January we had 8,525 visitors or about 275 a day. That is compared to January 2011 when we had 6,700 visitors or about 216 a day. The blog, the events log, LOV and the newsletter continue to be the main attractions.

Last month I mentioned that we listed over 30 members over the age of 100 on the SON membership list. I was wrong, it is 81. One of those members is a heritage member so we know that there are some mistakes there. Let's get those birthdays correct so we can have a better idea as to our real make up. You as an individual can check the SON web site or the Membership Secretary can check the rolls. Between us all we can get the correct data on the membership rolls.

We did make one of our goals last year and that was to get 75 new benefit members. We actually got 84 so for the second year in a row we exceeded that goal. I see that the Insurance department has introduced a new life insurance product that will be of interest to all members but may be the only option available for folks of my age and older.

We did not make our membership goal last year but we are doing a bit better in 2012. So far, we have signed up 10 more members than in 2011 however we are still losing far too many. We need to hold on a bit better. While sales of the convention/centennial merchandise are coming along ok it is a bit slower than we hoped. For those coming to the convention we hope that you would purchase items prior to arriving so we have a better idea on how much additional merchandise we need to order. Order now and beat the crowd. Check out the merchandise here. <http://3dsofn.org/convention/merchandise.html>

We are hoping for record attendance at this convention and so far it looks very good. With the first 9 lodges reporting we have a 4 delegate increase compared to 2010. I am happy to report that Vennekretsen from Atlanta is on the list and we look forward to seating them. It is not too early to book your room. http://3dsofn.org/convention/hotel_info.html

Remember to get your nominations for the Leif Erikson award, lifetime achievement awards and your list of delegates to our District Secretary Marci Larson.

Fraternally,
Ralph Peterson President
District Three Sons of Norway



February 2012

3D Lov Letter

This land is your land , this land is my land. Come and enjoy, bring your family & friends. You don't have to be a member to enjoy all that LOV has to offer.

Be sure to check out LOV on the 3d web site www.3dsofn.org or www.Landofthevikings.org

Quilter's Retreat at LOV



With Instructor
Faith Evans

April 27th & 28th



Arrive on Thursday the 26th and leave Sunday the 29th \$100 for the class plus lodging and meals at LOV. You can set up Thursday evening and possibly do a small quilting project. Finish things up Sunday morning if needed. Faith has some sewing machines available for \$6/day. Or you can bring your own.

Faith has been doing quilting workshops since 1986. She loves doing custom quilts and is experienced in all types of quilting. All her quilts are machine quilted. She teaches many classes from beginners to advanced. Believe it or not you can do a quilt in a day. What would YOU like to do. Be sure to check out her web page.

www.thedreamquilt.com Call or email Faith with Questions or to reserve a sewing machine or request what you would like to do. Call Bev for reservations.

Faith Evens

802-257-0262 or 233-2986

faith@thedreamquilt.com



Save the date - June 8th-10th Lobsterfest at LOV

Come for the weekend or just the day. (9th)

Silent Auction donations accepted

Fun, games and good food
Make your Reservation early



Managers: Beverly and Rick Budrick

461 Big Valley Road
Susquehanna, Pa 18847

Call - 570-461-3500

Or E-mail to:-

vikingland@tds.net

<http://lov.3dsofn.org>



Basket Social

Our December basket Social was moved to April 22nd.

We are looking for donation's from all the 3rd District Lodges and /or individuals. Baskets of goodies or any unwanted **new** item or a donation of money would be appreciated. Please send your donation to Lov with your Zone Director or any Board member by the end of February. (They will be attending the Board meeting the first of March) after that, items can be delivered or sent to LOV directly. If your lodge has already sent a basket or donation for the December Basket Social you don't need to send another. We appreciate your support.

Land of the Vikings Schedule 2012

- March 1-4 District and Lov board meetings
- March 9-11 Vennesland Family
- March 11-17 Rosemaling Wk 1 with Eldrid Arntzen
- March 18-25 Rosemaling Wk 2 with Eldrid Arntzen
- April 13-15 Scholarship Dinner
- April 22 Basket Social
- April 26-29 Quilting Retreat
- May 4-6 Golf Tournament
- May 17-20 Fly Fishing for Adults
- May 20 17th of Mai Lunch
- June 1-3 Omholt Reunion
- June 8-10 Lobsterfest at LOV
- June 22-24 Kulp Reunion
- July 1-7 Youth Camp wk1
- July 8-14 Youth Camp Wk 2
- July 15-21 Fly fishing youth camp
- July 22-29 Sports for Health
- August 2-5 Hudson Valley
- August 8-12 Pedersen Family Reunion
- August 30 -3 Octoberfest
- Sept 8 Ricky Budrick Wedding
- Sept 16 American Legion Dinner
- Sept 21-23 Restauration/ Troll/ Norronna weekend
- Sept 28-30 Loyal/ Henrik-Ibsen
- Oct 5-7 Fredriksten weekend
- Oct 7-13 Rosemaling and woodcarving
- Oct 14 -20 Rosemaling and woodcarving
- Oct 25 -28 District and LOV board Meeting

We have a lot of empty weekends and weekdays, book your parties, anniversaries, get-a ways or join another group. Usually rooms are available when other functions are going on. Your always welcome to join in. Give Bev a call to book your function today.



Directions to Norway House

3846 Meredith Dr., Fairfax, VA 22030

**** Please park in the Christ Lutheran Church parking lot (entrance directly across the street from the Norway House).**



From Beltway or I-66: Go west from Beltway on 66. Take Exit 60, Rt. 123 (Chain Bridge Rd.) south toward Fairfax. Proceed about a half mile. Turn right on Rt. 50 west (also Rt. 29, Lee Highway, and Fairfax Blvd.). Stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Texaco gas station). Turn left immediately behind the gas station into the church parking lot.

From Rt. 50/29: Go west from the Beltway about 5.33 miles. After crossing Rt. 123 (Chain Bridge Rd.), stay in the right lane. Just after the 3rd traffic light, turn right on Meredith Dr. (which is between a Merchants Tire store and a Texaco gas station). Turn left immediately behind the gas station into the church parking lot.

From far western suburbs: From I-66 East, take Exit 52, Rt. 50, east, toward city of Fairfax. Proceed about one mile. Turn left at Fairfax Blvd., which is where Rt. 29 joins Rt. 50 (which itself angles left). Turn left after a Texaco station onto Meredith Dr. Turn left immediately behind the gas station into the church parking lot.

Metro & bus: From Ballston Metro station (on the Orange Line), take either the 1C or 1Z bus toward Inova Fairfax Hospital. The bus will go down Lee Highway/Fairfax Blvd. (Rt. 50/29). Get off about 40 min. later at Meredith Drive (after Warwick Ave.).

April Newsletter Deadline

The deadline for the April Capital Viking is Wednesday, March 27. Please note that the newsletter editor will be traveling at the end of the month, so any items submitted after March 27 will not be included in the April issue. Please send any submissions to editor@norwaydc.org.

About Capital Viking

Capital Viking is published by Sons of Norway - Washington Lodge 428, monthly except for January and July.

Address Changes

Did your email address, mailing address, or other information change? Please notify lodge database manager Clarissa Peterson at editor@norwaydc.org or 202-285-9585.

Contact Us

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Please see the website for a full list of officers and committee chairs:
<http://www.norwaydc.org/officers/>.